



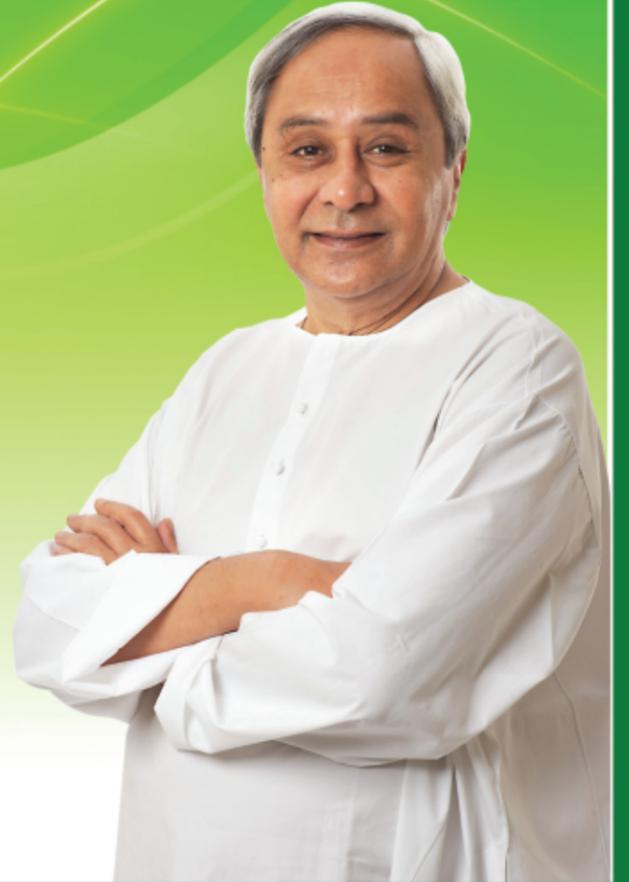
IYA NEWS

- The Media Helpline

“An Association Based Community Media Organization”

R.N.I Reg. No.- ODIENG/2017/72682 ; POSTAL REGD. NO. BN/301/23-25

VOLUME - VII | ISSUE - XII | BHUBANESWAR, ODISHA | FEBRUARY, 2024 | Pages - 20 | Rs. 10/-



ଝ ମାର୍ଚ୍ଚ ୨୦୨୪

ପଞ୍ଚାୟତିରାଜ ତଥା ଲୋକସେବା ଦିବସ

ପ୍ରବାଦ ପୁରୁଷ ବିଜୁ ପଟ୍ଟନାୟକଙ୍କର ୧୦୮ତମ ଜନ୍ମବାର୍ଷିକୀ

ସଶକ୍ତ ପଞ୍ଚାୟତିରାଜ ବ୍ୟବସ୍ଥା ମାଧ୍ୟମରେ

ସୁଦୃଢ଼ ଓଡ଼ିଶା ନିର୍ମାଣ

- ◆ ପଞ୍ଚାୟତିରାଜ ଓ ପାନୀୟ ଜଳ ବିଭାଗ ଦ୍ୱାରା ବାଲସଭା ଓ ମହିଳାସଭା ସମ୍ପର୍କିତ ମାର୍ଗଦର୍ଶିକା ଉନ୍ନୋତନ ।
- ◆ ପଞ୍ଚାୟତ ପ୍ରକଳ୍ପ ପରିଚାଳନା ବ୍ୟବସ୍ଥାର (Panchayat Project Management System) ସୁବିଧୋବହୁ ପାଇଁ ଏକ ସଫ୍ଟୱେର (Software) ପ୍ରଥମ ଥର ପାଇଁ ଭୁବନେଶ୍ୱର ବୁକ୍ରେ ପରୀକ୍ଷାମୂଳକ ଭାବେ ବ୍ୟବହାର କରାଯିବ ଏବଂ ପର୍ଯ୍ୟାୟକ୍ରମେ ସମସ୍ତ ବୁକ୍ରେ କାର୍ଯ୍ୟକାରୀ କରାଯିବ ।
- ◆ ପଞ୍ଚାୟତିରାଜ ବିବସରେ ୧୨ ଗୋଟି ଗ୍ରାମ ପଞ୍ଚାୟତକୁ ISO ପ୍ରମାଣପତ୍ର ଆବେଦନ କରିବା ପାଇଁ LMS & Universal Certification Agency ସମ୍ପର୍କିତ କଣ୍ଠାଲହସ୍ତି ।
- ◆ ଇ-ପଞ୍ଚାୟତ ସଭା ମୋବାଇଲ୍ ଆପ୍ ଲୋକାର୍ପଣ । ଏହା ଦ୍ୱାରା ସମସ୍ତ ଗ୍ରାମ ପଞ୍ଚାୟତର ନାସିକ ପଞ୍ଚାୟତ ସଭା ଓ ସମ୍ପର୍କିତ ବିବରଣୀ ହିତାଧିକାରୀମାନଙ୍କ ପାଇଁ ଉପଲବ୍ଧ ହେବ ।
- ◆ ତାଲିମ ପରିଚାଳନା ପୋର୍ଟାଲ ଲୋକାର୍ପଣ । ଏହି ପୋର୍ଟାଲ ଦ୍ୱାରା ସମସ୍ତ ନିର୍ବାଚିତ ପ୍ରତିନିଧି ଏବଂ ଅନ୍ୟାନ୍ୟ ଅଧିକାରୀମାନଙ୍କ ପାଇଁ ସମସ୍ତ ତଥ୍ୟ ଅତି ସଂକ୍ଷେପରେ ଉପଲବ୍ଧ ହେବ ।
- ◆ ରାଜ୍ୟ ଗ୍ରାମ୍ୟ ଉନ୍ନୟନ ଓ ପଞ୍ଚାୟତିରାଜ ପ୍ରତିଷ୍ଠାନ ପରିସରରେ ଆବାସିକ ଛାତ୍ରାବାସ ଓ ଭୋଜନ କକ୍ଷର ଭିତ୍ତିପ୍ରସ୍ତର ସ୍ଥାପନ ।
- ◆ ପ୍ରଶାସନିକ ଗୃହ, ଓରମାସର ଭିତ୍ତିପ୍ରସ୍ତର ସ୍ଥାପନ (ରାଜ୍ୟ ଗ୍ରାମ୍ୟ ଉନ୍ନୟନ ଓ ପଞ୍ଚାୟତିରାଜ ପ୍ରତିଷ୍ଠାନ ପରିସର ମଧ୍ୟରେ) ।
- ◆ ମାଲକାନଗିରି, ଗଞ୍ଜାମ ଓ କୋରାପୁଟ ଜିଲ୍ଲା ପରିଷଦକୁ ସାମଗ୍ରିକ ପ୍ରଦର୍ଶନ ପାଇଁ ଯଥାକ୍ରମେ ପ୍ରଥମ, ଦ୍ୱିତୀୟ ଓ ତୃତୀୟ ଭାବେ ସମ୍ମାନିତ କରାଯିବ ।
- ◆ ମାଲକାନଗିରି ଜିଲ୍ଲାର ପତିଆ, ଗଞ୍ଜାମ ଜିଲ୍ଲାର ହିଞ୍ଜିକିକାଟୁ ଓ କୋରାପୁଟ ଜିଲ୍ଲାର ଲକ୍ଷ୍ମୀପୁର ପଞ୍ଚାୟତ ସମିତିକୁ ସାମଗ୍ରିକ ପ୍ରଦର୍ଶନ ପାଇଁ ଯଥାକ୍ରମେ ପ୍ରଥମ, ଦ୍ୱିତୀୟ ଓ ତୃତୀୟ ଭାବେ ସମ୍ମାନିତ କରାଯିବ ।
- ◆ ସାମଗ୍ରିକ ପ୍ରଦର୍ଶନ ପାଇଁ ମାଲକାନଗିରି ଜିଲ୍ଲା ମାଥୁଲି ବୁକ୍ର ମାଥୁଲି ପଞ୍ଚାୟତକୁ ପ୍ରଥମ, ଗଞ୍ଜାମ ଜିଲ୍ଲା ଶେରଗଡ଼ ବୁକ୍ର ମହୁପଦର ପଞ୍ଚାୟତକୁ ଦ୍ୱିତୀୟ ଓ ମୟୂରଭଞ୍ଜ ଜିଲ୍ଲା ବଡ଼ସାହି ବୁକ୍ର ମାଣିତ୍ରୀ ପଞ୍ଚାୟତକୁ ତୃତୀୟ ଭାବେ ସମ୍ମାନିତ କରାଯିବ ।



ପଞ୍ଚାୟତିରାଜ ଓ ପାନୀୟଜଳ ବିଭାଗ

Keep your face to the sunshine and you cannot see a shadow.

CINE EXPRESS

Mark Zuckerberg and Wife Priscilla Chan Twin In Gorgeous Black Outfits at Anant Ambani-Radhika Merchant Pre-Wedding Bash



At Anant Ambani and Radhika Merchant's pre-wedding celebration in Jamnagar, Gujarat, Meta CEO Mark Zuckerberg and his wife Priscilla Chan made a stunning presence.

The duo stole the show as they joined in the festivities, all thanks to their flawlessly put together ensembles, which exuded opulence and class.

In a striking black-on-black firefly blazer by Alexander McQueen and matching firefly shoes that took his entire ensemble to the next level, Zuckerberg stole the show. In the meantime, Priscilla Chan looked ravishing in a refined

Alexander McQueen black gown with gold flower details. Her hair fell in waves over her shoulders, and she finished the look with tiny stud earrings, a dainty chain bracelet, and a layered gold chain.

Zuckerberg shared their zeal on social media, sharing how excited they were about the Indian wedding festivities. "Love an Indian wedding. Congrats to Anant and Radhika!" he wrote, alongside lovely images from the festivities in Jamnagar. Mark Zuckerberg had landed in Gujarat's Jamnagar city on Thursday with his wife, Priscilla Chan for the three-

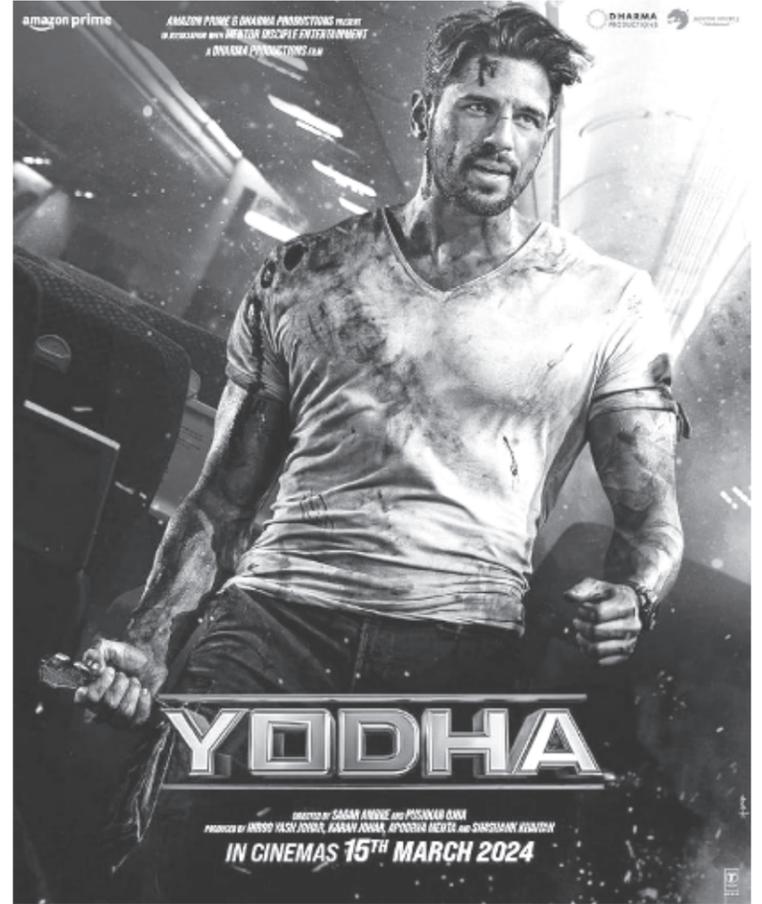
day pre-wedding festivities of Anant Ambani and Radhika Merchant.

The pre-wedding celebrations are set to span three days, each with a different theme and dress code, promising a show of style and sophistication. Day 1, titled 'An Evening in Everland,' featured elegant cocktail attire, while Day 2, themed 'A Walk on the Wildside,' called for 'Jungle Fever' attire. The

final day will see two events, 'Tusker Trails' and 'Hastakshar,' with guests donning casual chic and traditional Indian attire, respectively.

Prominent Indian celebrities, including Amitabh Bachchan, Shah Rukh Khan, Salman Khan, Aamir Khan, and Rajinikanth are present during the celebrations, adding to the excitement and making it an occasion to remember. The pre-wedding festivities in Jamnagar are getting off to a dazzling start, with Zuckerberg and Chan leading the way in their costumes inspired by fireflies.

Historical Trailer Launch: Team Yodha Creates History With First-ever Mid-Air Trailer Launch In Bollywood



Yodha Trailer: Team Yodha has created history yet again. The team launched the Yodha trailer in mid-air with the media and registered their names in history books.

Team Yodha took off from Mumbai to Ahmedabad for the trailer launch event. During the flight, the makers launched the trailer mid-air with the media people, who got to watch the action-packed trailer before it was launched on YouTube.

The Yodha Trailer packs a solid punch of high-octane action, emotions, patriotism, never-seen-before aerial action, and high-end patriotism. This one is looking like a BLOCKBUSTER! Who will stop Yodha? It was never part of the plan.

Sidharth Malhotra is seen doing some insane action on the screen. The last scene in the trailer is pure class! What a fabulous action set piece that is! Unbelievable. "Mein rahoo ya na rahoo, Desh Hamesha Rahega!" That's sensational dialogue.

Directed by Sagar Ambre and Pushkar Ojha, Yodha is produced by Hiroo Yash Johar, Karan Johar, and Apoorva Mehta's Dharma Productions, Prime Video, and Mentor Disciple Entertainment. Starring Sidharth Malhotra, Disha Patani, and Raashii Khanna in the lead roles, the action thriller is set to be released on March 15, 2024.

Priyanka Chopra announces next Hollywood film The Bluff, to be produced by Joe and Anthony Russo

Priyanka Chopra has announced her next international project, The Bluff, which will be directed by filmmaker Frank E Flowers. Priyanka will reportedly share the screen space with Hollywood actor Karl Urban who is known for his web series The Boys.

Taking to Instagram, Priyanka shared a screenshot of the Deadline article and shared, 'Now and then we had a hope that if we lived and were good, God would permit us to be pirates. -Mark Twain.' The Matrix actresses also tagged Karl Urban, Frank Flowers, The Russo Brothers, AGBO Films that will back the project and Head of Amazon Studios Jennifer Nicholson Salke.

The Bluff will be Flowers' directorial outing after he rose to fame after co-writing this year's hit film Bob Marley: One Love. This will be Priyanka's second project with The Russo Brothers after she starred in their Amazon Original series Citadel. However, in 2021, it was reported that Zoe Saldana would be headlining the film.

As per Deadline, The Bluff's plot is set in the 19th-century Caribbean and follows the story of a former female pirate, which will be portrayed by Priyanka. In the film, the character then embarks on a journey to protect her family when the mysterious sins of her past catch up to her. The makers are planning to begin the film's shoot in Australia. The film will be produced by AGBO's Anthony Russo, Joe Russo, Angela Russo-Otstot, and Michael Disco, Cisely Saldana of Cinestar Pictures and Mariel Saldana.

Priyanka has a pretty impressive line up for 2024. Apart from The Bluff, she'll be seen in Heads of State with John Cena and Idris Elba. She is also looking forward to the second season of Citadel. She is also expected to make her Bollywood comeback Farhan Akhtar's Jee Le Zara with Alia Bhatt and Katrina Kaif.



From Page 8 - Riddle of ...

Except that the whole thing doesn't wash, because cause-and-effect is ruined. No one in physics wants to abandon the notion that physical laws create and control the cosmos at every level, allowing random events in the quantum field to build more and more complex structures until you arrive at the single most complex structure known to science, human DNA. The laws of chemistry and physics are mindless. Therefore, they can't be responsible for how our minds do the incredible things they do. The other alternative in panpsychism is that consciousness overrides the randomness of physical interactions—why else do we have a mind if not to create civilization and everything that goes with it? It's not plausible that gravity and electromagnetism, along with a few friends, got together to paint the Mona Lisa and compose Bach fugues.

Once you let consciousness into the game, it is logically inescapable that Jeans was right. Only consciousness is conscious. Mind must create and govern the operation of the physical world. No other cause makes sense. Panpsychism doesn't work, because it delivers control back to atoms and molecules, which in turn delivers control back to the mindless laws of nature. You are stuck with the same fallacy that materialism/physicalism begins with, the fallacy that everything must have a physical explanation.

There's a lot more to say about the mystery of consciousness, but getting unworkable ideas out of the way is a good start. A worldview based on consciousness as the source of creation is around the corner if you start to look at the only origins story that actually works. Inevitably, it will send shock waves through the current paradigm of science.

NEWS & VIEWS

Odisha Cabinet Approves Rs 315 Crore Funding For NUA-O Initiative

Pradeep Kumar Panda, Economist, Bhubaneswar

The Odisha Cabinet led by Chief Minister Naveen Patnaik approved funding for the NUA-O initiative under the scheme of the Integrated Youth Development Programme (IYDP). The programme budget of Rs 315 Cr is approved to further empower the youth to realise their true potential.

The Government of Odisha has recently introduced a pioneering youth empowerment initiative called "Nua-O," symbolizing 'New Odisha' and heralding a transformative era for youth empowerment across the state. This innovative program is currently being rolled out statewide to ensure that the young population is not only fully enabled, motivated and engaged but also empowered to realize their full potential.

Within the program initiatives, there is a focus on promoting sports, cultural & literary activities, and social work specifically tailored for youth within the educational sphere. The programme also includes organizing sports competitions designed for youth from diverse backgrounds, hosting 'NUA-O' district fests, and arranging creative competitions that engage youth in progressive endeavours through digital platforms.

Continuing with the ethos envisioned under 'Nua-O,' the government is committed to expanding program activities. This includes organizing district and state-level sports competitions to broaden sports outreach at the grassroots level. The initiative also aims to increase student participation in district-level "Nua-O" Fest events and introduce Nua-O scholarships for students.

The innovative program initiatives are poised to pave the way for numerous best practices

in youth welfare and development in the State.

The Odisha government has announced to provide scholarships to students of general degree and post graduate courses under Nua-O scheme. Scholarship will be given to

to eligible SC/ST and Nirman Shramik families will get Rs 10,000 (Male) and Rs 11,000 (Female) per annum.

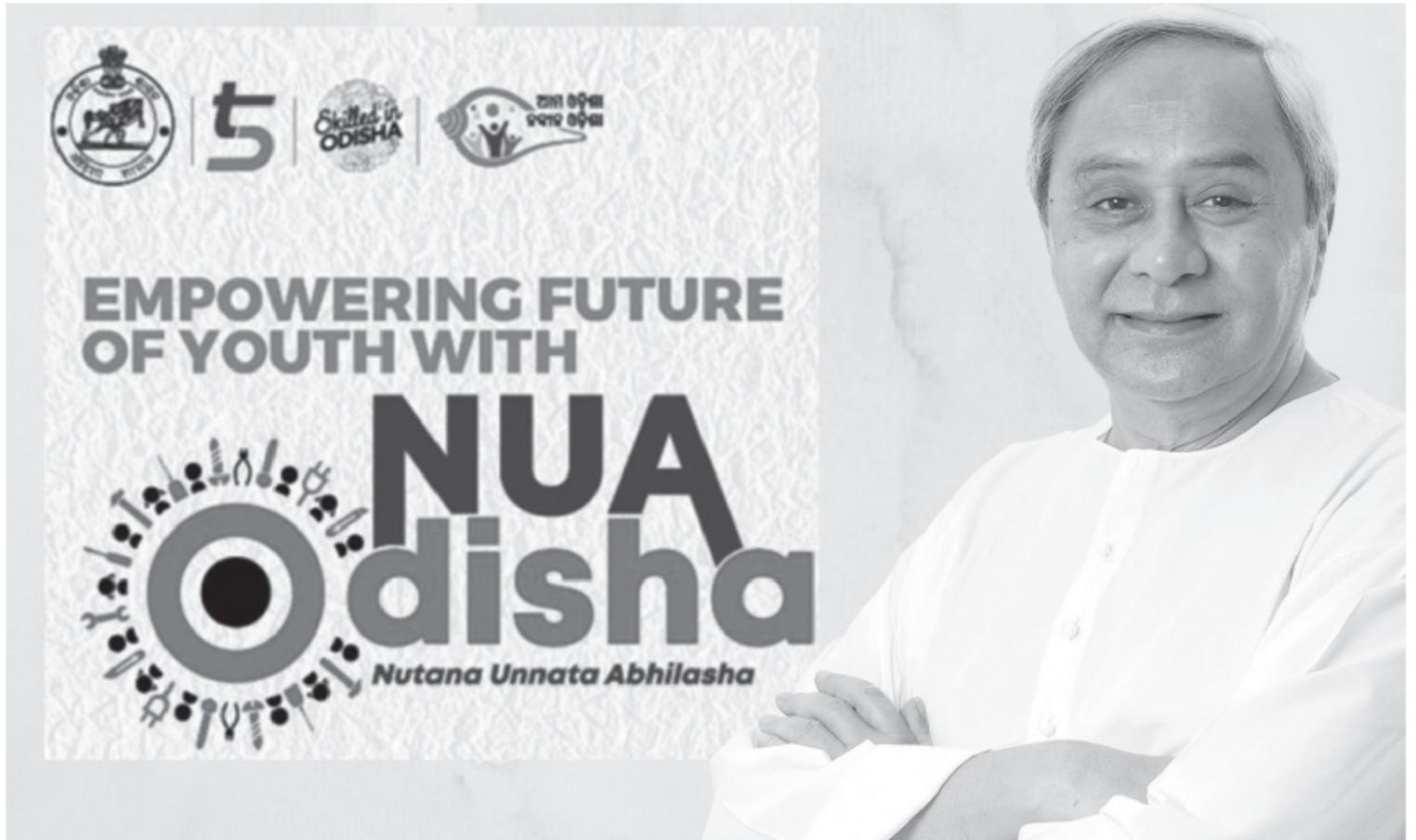
The students whose parents are Income Tax payee or permanent government employees are not eligible for scholarship under the

scholarship from this corpus fund.

The Nua-O Magic Smart Cards will be given to all eligible students by August 2024, providing additional benefits like bus/train travel, free wi-fi, access to online courses, skill

PG students will benefit from this Nua-O Scholarships scheme of the state government.

Odisha recently launched the SWAYAM scheme, which aims to provide financial help to ration cardholders and interest-free loans to unemployed youngsters. The scheme focuses on both urban and rural regions, and



students enrolled in general degree & PG programs in state universities, government and non-government aided colleges, including aided Sanskrit colleges under the Higher Education department.

Minimum scholarship amount for male students will be Rs 9,000 per year, while female students will get Rs 10,000 each annually. The students belonging

scheme. The Nua-O scholarships for current academic year will be deposited in the bank accounts of the eligible students from February 20 onwards and completed this month itself.

A Nua-O corpus fund of Rs 300 crore will be constituted from the coming academic year. Students who will excel in academic and different co-curricular activities will get higher amount as

development, coaching programs etc based on performance and participation in various academic and extracurricular activities.

This will be a new era of student empowerment towards realising his vision of Nabin Odisha. He motivated to students to dream big and work hard to realise it. It is expected that about 4.5 lakhs UG students and about 32,000

provides interest-free bank loans of up to Rs 1 lakh to young entrepreneurs and unemployed citizens. The project will cost Rs 1 lakh, with the borrower paying a 5% margin. Thus, the recipient could get an interest-free loan of Rs 95,000/- from the banks.

The bank will charge the normal rate of interest applicable to similar central or state government schemes. However, the state government would bear the whole interest burden of the loan via interest subvention.

The objective of the scheme is to provide financial assistance to urban youth, in the age group of 18-35 years and upto 40 years for Special Category (SC, ST, PwD, Transgender) for setting up gainful self-employment ventures / micro-enterprises, suited to their skills, training, aptitude and local conditions through easy access of credit through banks with interest subsidy. The underemployed or unemployed urban youth is encouraged to set up small enterprises relating to manufacturing, service, and petty business for which there is considerable local demand.

The Government of Odisha is coming up with Youth Budget, first of its kind in country, to empower youth in all aspects. NUA-O Initiative, Scholarship, Magic Smart Card and Swayam scheme are steps towards empowering youth with a vision of New Odisha Empowered Odisha.



It is easier to build strong children than to repair broken men.

SCIENCE & TECHNOLOGY

Lost and Damage Fund – Outcome of COP28

The world is now facing the severe environmental problem of climate change. It is due to emissions of certain gases to the atmosphere called greenhouse gases. These gases are released from the factories and from some appliances built for the comfort of the people. Hence, the

is called Conference of the parties (COP) to the UNFCCC. Two more important of such COPs were COP3 held at Kyoto in 1997 and COP21 held at Paris in 2015.

The Kyoto Protocol was adopted in COP3. It legally bound 37 industrialised countries that

Er. Mayadhar Swain

António Guterres, the UN's Secretary General called in September 2023 for a tax on fossil fuel profits. He said, "The fossil fuel industry is feasting on hundreds of billions of dollars in subsidies and windfall profits while household budgets shrink and our planet burns. I am calling on all developed economies to tax the windfall profits of fossil fuel companies. Those funds should be re-directed in two ways: to countries suffering loss and damage caused by the climate crisis; and to people struggling with rising food and energy prices."

Short of international efforts to fund a loss-and-damage process, countries and individuals are turning to the courts. A Peruvian farmer, for example, is suing a German fossil fuel company over a melting glacier that threatens his home and farm. The suit, filed in 2015, claims the German company, RWE, should be liable for its proportion of the damages, in line with the proportion of global fossil fuel pollution it has created. (RWE is contesting the lawsuit and says it should not be held responsible for the damage.) In 2021, Tuvalu and other countries formed the



Prime Minister Modi addressing COP28

those countries likely to be most affected by climate change are the least responsible for the problem itself. The fund would ensure that developed states and major emitters who created the problem of climate change would compensate those experiencing its most devastating effects.

With global warming now locked in and effects already being felt, from natural disasters to rising sea levels, the fund also recognises the world has failed to prevent climate change from happening.

In 1991, the small island nation of Vanuatu raised a question on

reached..

Questions remain

There is still a lot that needs clarifying about this fund. Some of the big outstanding questions include the fund's size, its relationship to other funds, how it will be administered over the long term, and what its funding priorities will be. But it has been clarified that there are no hard deadlines, no targets, and countries are not obligated to pay into it, despite the whole point being for rich, high-polluting nations to support vulnerable communities who have suffered from climate impacts.

There is also concern about the World Bank's role in overseeing the fund in the first instance. Developing countries expressed opposition to this idea in the lead up to COP28, questioning the World Bank's environmental credentials and the transparency of its operations.

While initial funding may seem generous, most analysts would also agree this fund is a long way from covering the full range of effects. Some estimates suggest the costs of climate-related harms are already at \$400 billion annually for developing states: roughly 1,000 times the amount initially pledged.

Finally, we should not assume pledges will actually translate to countries putting their hands in their pocket. The Green Climate Fund announced in 2009 – designed to help developing states with their transition away from fossil fuels and to help with adaptation initiatives – included a commitment for developed states to provide \$100 billion per year by 2020. They fell well short of this goal.

Conclusion

Agreement on this fund is a good thing in recognising the inequality at the heart of the causes and effects of climate change. This decisive action on Loss and Damage will enable the Parties to focus on the progress toward Paris Agreement goals. It came as a huge relief to the United Arab Emirates, the summit's host. The country was under pressure even before talks began about its fossil fuel expansion plans and the fact the president of the climate talks is chief executive of a national oil company.

Editor, Science Horizon

Plot No. 70, Laxmi Vihar Phase-1

Bhubaneswar – 751018

Phone : 9438693724



problem has arisen from the beginning of the industrial revolution in the eighteenth century and has been aggravated since then. Some countries have received the benefits of the industrialization and have progressed economically and they have been turned into 'Developed Countries'. But the effects of climate change fell on the whole world. In other words, a few percentages of people were benefitted at the cost of the whole world. So, it is natural that the developed and industrial countries should compensate the poor countries who are suffering due to them. It's clear that polluters should be held accountable for these losses to territory, culture, life and property.

We now clearly see that the climate crisis is supercharging extreme weather worldwide. Look no farther than the deadly floods in Pakistan this summer or Hurricane Ian in Florida in September 2023. In our country we are seeing the changing pattern of rainfall and heat waves. The number of cyclones is now increasing in the east coast of India.

When different countries gathered together for mitigation of climate change under the United Nations Framework Convention on Climate Change (UNFCCC) among other issues one was to compensate the poorer countries for the damage done by the developed and industrial countries. The first UNFCCC conference was held in Berlin, Germany, in 1995. This

ratified the convention to limit and reduce GHG emissions in accordance with agreed individual targets. Kyoto Protocol set an average target to reduce emissions of 5% compared to 1990 levels under the first commitment period between 2008–2012. The target was increased to at least 18% under the second commitment period between 2013–2020. However, only few countries were interested in extending further commitment to reduction after 2012.

The Paris Agreement signed by 195 countries envisages reduction emissions such that by the end of the century the global temperature rise will be below 20 C as compared to the pre-industrial levels and to pursue efforts to limit the temperature increase to 1.50 C. Unlike Kyoto Protocol, the Paris Agreement is non-binding. It is a voluntary commitment to reduce emission through self-prepared Nationally Determined Contributions (NDCs).

A proposal was put in COP27 held in 2022 at Sharm El Sheikh in Egypt for establishing a Lost and Damage Fund. Of course, no agreement was reached there, although discusses vividly. Mostly the developed and industrial countries were not prepared to solely contribute to such a fund. Since then, a series of meetings had taken place to try to secure international agreement about how the fund would work, who would commit to it, and who would be eligible to receive funds.

Commission of Small Island States on Climate Change and International Law. The aim is to explore claims in international courts.

On the first day of COP 28 climate summit held at Dubai from 30 November to 12 December 2023 an agreement on loss and damage fund was reached. Met with a standing ovation in Dubai, the agreement means wealthy states and major polluters will put millions of dollars towards a fund that will in turn distribute funds to poor states harmed by climate change. The fund will be administered by the World Bank. Initial commitments amount to US\$430 million. United Arab Emirates committed US\$100 million to the fund. Other countries to make initial commitments to the fund include the United Kingdom (\$75 million), United States (\$24.5 million), Japan (\$10 million) and Germany (also US\$100 million). Pressure will now build on other wealthy countries to outline their own commitments to the fund.

History behind the Fund

The agreement for the loss and damage fund is recognition that



World leaders at COP28



Erakor island, Vanuatu, pictured in December 2019. Satellite data shows sea levels have been rising there since the early 1990s.

Hope is being able to see that there is light despite all of the darkness.

LITERATURE

Beyond Hypocrisy

Gibran has a story. He says, one night one mother and daughter were awakened suddenly because of a noise. They both were sleepwalkers, and the time the sudden noise happened in the neighborhood they were both walking in the garden, asleep. They were sleep-walkers.

It must have been a shock, because in sleep the old woman, the mother, was saying to the daughter that, "Because of you, you bitch, because of you, my youth is lost. You destroyed me. And now anybody who comes to the house looks at you. Nobody looks at me." A deep jealousy that comes to every mother when the daughter becomes young and beautiful. It happens to every mother, but it is inside.

And the daughter was saying, "You old rotten... Because of you I cannot enjoy life. You are the hindrance. Everywhere you are the hindrance, the obstacle. I cannot love; I cannot enjoy."

And suddenly, because of the noise, they were both awakened. And the old woman said, "My child, what are you doing here? You may catch cold. Come inside." And the daughter said, "But what are you doing here? You were not feeling well and



this is a cold night. Come, mother. Come to the bed."

The first thing that was happening was coming from the unconscious. Now they are again pretending; they have become awakened. Now the unconscious has gone back, the conscious has come in. Now they are hypocrites. Your conscious is hypocrisy.

To be truly honest with one's own memories one will have to really pass through arduous effort. And you have to be true, whatsoever.

You have to be nakedly true, you have to know what really you think about your father, about your mother, about your brother, about your sister—really. And what you have in the past, don't mix, don't change, don't polish;

let it be as it is. If this happens, then, Patanjali says, this will be a freedom. You will drop it. The whole thing is nonsense, and you will not like to project it again in the future.

And then you will not be a hypocrite. You will be real, true, sincere — you will become authentic. And when you become authentic, you become like a rock. Nothing can change you; nothing can create confusion.

You become like a sword. You can always cut whatsoever is wrong; you can divide whatsoever is right from the wrong. And then a clarity of mind is achieved. That clarity can lead you towards meditation; that clarity can become the basic ground to grow — to grow beyond.

Inevitable

A king dreamt. In the night in his dream, he saw Death. He became afraid. He asked, "What is the matter? Why are you making me so frightened?"

Death said, "I have come to tell you that tomorrow by sunset I am coming, so get ready. It is just out of compassion so that you can prepare."

The king was so shocked, his sleep was broken. It was the middle of the night; he called his ministers and he said, "Find people who can interpret the dream, because time is short. Maybe it is true!"

Then the interpreters came, but as interpreters always have been, they were great scholars. They

brought many big books, and they started discussing and disputing and arguing. And the sun started rising, and it was morning. And an old man who was a very trusted servant to the king, he came to the king, and he whispered in his ear, "Don't be foolish! These people will quarrel for ever and ever, and they will never come to any conclusion."

Now, everybody was trying that HIS interpretation was right, and the king was more confused than ever. So he asked the old man, "Then what am I supposed to do?"

He said, "Let them continue their discussions. They are not going to conclude so soon — and the sun will be setting, because once it has risen the sunset is not very far. Rather, take my advice and escape — at least escape from this palace. Be somewhere else! By the evening reach somewhere as

far away as possible."

The logic looked right. The king had a very fast horse, the fastest in the world. He rushed, he escaped. Hundreds of miles he passed. By the time he reached a certain town the sun was just about to set. He was very happy. He patted his horse and he said, "You did well. We have come very far."

And when he was patting his horse, suddenly he felt somebody was standing behind him. He looked back — the same shadow of Death. And Death started laughing. And the king said, "What is the matter? Why are you laughing?"

Death said, "I was worried because you were destined to die under THIS tree — and I was worried how you would manage to reach."

Your horse is really great! It did well. Let me also pat your horse. That's why I came in your dream: I wanted you to escape from the palace because I was very worried how it would happen, how you would be able to reach. The place looked so far away, and only one day was left. But your horse did well, you have come in time."

Wherever you go you will find death waiting for you. In all the directions death is waiting. In all the places death is waiting. So, that cannot be avoided — then mind starts imagining some way to avoid it.

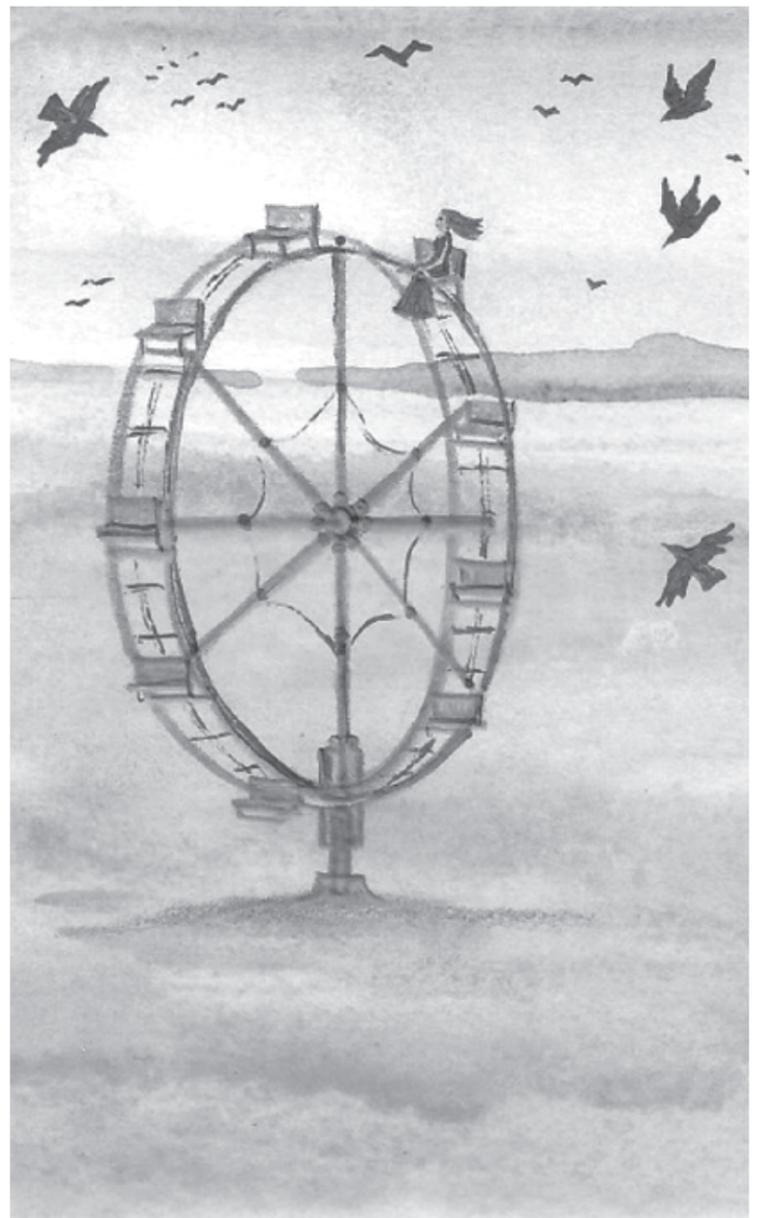
Bundle of Misery

A man was very much burdened by his suffering. He used to pray every day to God, "Why me? Everybody seems to be so happy, why am only I in such suffering?" One day, out of great desperation, he prayed to God, "You can give me anybody else's suffering and I am ready to accept it. But take mine, I cannot bear it any more."

That night he had a beautiful dream — beautiful and very revealing. He had a dream that night that God appeared in the sky and he said to everybody, "Bring all your sufferings into the temple." Everybody was tired of his suffering — in fact everybody has prayed some time or other, "I am ready to accept anybody else's suffering, but take mine away; this is too much, it is unbearable."

So everybody gathered his own sufferings into bags, and they reached the temple, and they were looking very happy; the day has come, their prayer has been heard. And this man also rushed to the temple.

And then God said, "Put your bags by the walls." All the bags were put by the walls, and then God declared: "Now you can choose. Anybody can take any bag."



And the most surprising thing was this: that this man who had been praying always, rushed towards his bag before anybody else could choose it! But he was in for a surprise, because everybody rushed to his own bag, and everybody was happy to choose it again. What was the matter? For the first time, everybody had seen others' miseries, others' sufferings — their bags were as big, or even bigger!

And the second problem was, one had become accustomed to one's own sufferings. Now to choose somebody else's — who knows what kind of sufferings will be inside the bag? Why bother? At least you are familiar with your own sufferings, and you have become accustomed to them, and they are tolerable. For so many years you have tolerated them — why choose the unknown?

And everybody went home happy. Nothing had changed, they were bringing the same suffering back, but everybody was happy and smiling and joyous that he could get his own bag back.

In the morning he prayed to God and he said, "Thank you for the dream; I will never ask again. Whatsoever you have given me is good for me, must be good for me; that's why you have given it to me."

NEWS & VIEWS

Inclusive Budget 2024 for New Odisha Empowered Odisha

Pradeep Kumar Panda, Economist, Bhubaneswar

Noting that Odisha has now become more than a 100 billion dollar economy, Odisha Finance Minister Bikram Keshari Arukha presented an interim budget of Rs 1.18 lakh crore for the first four months of the 2024-25 fiscal in the Odisha Legislative assembly. Interim budget is inclusive as it focuses on development of sectors of Odisha and puts emphasis all sections of society with a vision of New Odisha Empowered Odisha.

The state government has presented a vote-on-account instead of a full budget in view of the upcoming elections to the Lok Sabha and Odisha Assembly.

The government estimated that the total budget outlay for the next financial year will be Rs 2.55 lakh crore, which is about 11 per cent more than the annual budget of 2023-24.

Keeping in view the requirement of funds for expenditure on payment of salary, pension, interest payment, repayment of principal, relief, old age pension, scholarship of ST & SC students and other on-going scheme and programmes, a sum of Rs 1,18,000 crore is proposed in the vote on account, the minister said in the House.

Of the total Rs 2.55 crore provision, Rs 1,03,500 crore has been allocated for administrative expenditure, Rs 1.40 lakh crore for programme expenditure, Rs 3,900 crore for disaster management and Rs 7,600 crore for transfer to Panchayati Raj Institutions and Urban Local Bodies.

Stating that leaving no one behind has been the governance motto of the BJD government for the last 24 years, the minister said, We are relentlessly working for empowerment of women, youth and vulnerable sections of the society. The 5T (transformational) mantra of our government has brought about transformative and paradigmatic change in our approach to governance.

To take the legacy of Lord Jagannath forward, Ama Odisha Nabin Odisha (Our Odisha, New Odisha) has been launched and the government has earmarked more than Rs 4,000 crore to implement various initiatives under the scheme.

Odisha has now become more than a 100 billion dollar economy. Since 2015-16, the state has registered an average growth of 7.25 per cent, which is about 1 per cent higher than the

average growth of the national economy.

According to advance estimates for 2023-24, it is projected that the state economy will grow at 8.5 per cent compared to 7.3 per cent of the country. Thus, Odisha continues to be a bright spot in the whole country.

Considering that a sizable percentage of the state's population depends on agriculture, Rs 28,944 crore has been allocated for agriculture and allied sector, which is 16.6 per cent higher than the outlay of the previous year.

The finance minister proposed to allocate Rs 3,980 crore for around 53 lakh beneficiaries under social security pension schemes.

The state government has set an ambitious target for transformation of 1,858 healthcare facilities within a period of five years with an investment of Rs.3,389 crore. An outlay of Rs 1,314 crore has been proposed for the purpose in the budget for 2024-25.

Similarly, an outlay of Rs 5,450 crore has been proposed for the Biju Swasthya Kalyan Yojana (BSKY) scheme in the budget while Rs 529 crore allocated for "Mission Shakti Scooter Yojana and Rs 1,449 crore for disbursement of scholarship to 14.86 lakh ST, SC and OBC students.

The state government has allocated Rs 1,050 crore for the skill development sector and Rs 21,004 crore for construction of logistics like roads, bridges, airports and railways including Rs 1,000 crore for metro rail, which is 25 per cent higher than last year.

The Shreemandira Parikrama Prakalpa (Jagannath Temple Heritage Corridor project) is a milestone in the annals of history of Odisha and the world. Odisha also dedicated the Samalei project (redevelopment of Samaleswari Temple in Sambalpur district) within a record time. Establishment of a new campus of Odia University at Satyabadi and organization of the 1st World Odia Bhasha Sammilani are important steps in growth of Odia language, literature and culture.

Stating that preservation and protection of these monuments is essential for the future generation, the finance minister said, We are taking up about 150 projects under the ABADHA scheme to be completed by 2025-

26 with a massive investment of Rs 1,400 crore.

On the fiscal status of the state, he said the debt stock at the end of 2024-25 is projected to remain at 13.1 per cent of GSDP against the FRBM (Fiscal Responsibility and Budget Management Act, 2003) mandated level of 25 per cent.



Similarly, the interest payment to revenue receipt ratio is projected to remain at 3.7 per cent against the FRBM prescribed level of 15 per cent, he added.

The overall food production in Odisha has doubled in the last 22 years. The state government implemented the KALIA scheme to speed up agricultural development and alleviate poverty. So far, 43.88 lakh small and 18.93 lakh landless farmers' families have been benefited under the scheme.

Similarly, the state government undertook the Millets Mission which has brought considerable improvement in the lives of around 5 lakh farmers. There has been considerable improvement in the health sector and health for all is top priority for the state government. A target has been set for the development of 1,858 health centres in the next 5 years with an outlay of Rs 3,389 crores. Odisha has registered highest decline in Infant Mortality Rate and second highest decline in Maternal Mortality Ratio.

Point worth noting is Odisha has lowest debt burden in the country with best fiscal management. Odisha's debt to GSDP ratio is estimated to be 13 per cent in 2024-25 which is way below FRBM target of 25 per cent. Similarly Odisha has maintained fiscal deficit at 3% over the years as per the FRBM act.

Key Highlights

- Rs 2000 crore revolving fund proposed for paddy procurement price disbursements on time.
- 1858 healthcare centres to be transformed in next 5 years with a proposed outlay of Rs 3389 crore.
- An outlay of Rs.1000 crore is provided in the budget for

Health Sector

- Total allocation Rs. 19,959 crores for public health care with an increase of about 24% over previous year. It is about 8 percent of the State Budget.
- Rs. 1314 crores is provided for Ama Hospital, Rs.698 crore is provided for Continuance of Family Welfare Schemes



2024-25 for Metro Rail Project. Besides, Rs.700 crores has been proposed for development of Railway projects in the State during 2024-25.

- The allocation for the Industries and MSME sector has been increased to Rs. 1,555 crores during 2024-25.

Sectoral Highlights

Agriculture & Allied Sector Activities

- Outlay of Rs. 28,944 crores under the Agriculture Budget, 2024-25, which is 17% more than last year's allocation.
- Provision of Rs. 2,000 crores as revolving fund to be utilised for paddy procurement operations by OSCSC.
- Rs. 685 crores for Food Storage & Warehousing-Procurement Operation Support System and Rs. 24 crores for Fair Price Shop Automation.
- Rs. 1,935 crores of direct benefit transfers under KALIA Scheme.
- Rs. 181 crores as grants to OUAT for agricultural research, education, and infrastructure
- Rs. 250 crores towards Corpus Fund for provision of Interest free loan for fertiliser and seed.

Irrigation & Water Use Efficiency

- Total outlay of Rs 14,467 crores for irrigation sector.
- Rs. 860 crores for construction of In-stream Storage Structures to fulfil the long felt needs of the irrigation.
- Rs. 1225 crores for the 2nd phase of Parvati Giri Mega Lift Irrigation scheme to provide irrigation to additional 2.63 lakh hectares.
- Rs. 194 crores to revive defunct Community Lift Irrigation Projects during 2024-25

(Infrastructure maintenance).

- Rs. 5450 crores is provided for Biju Swasthya Kalyan Yojana.
- Rs. 2992 crores under the State Scheme Mukhya Mantri Swasthya Seva Mission which includes Rs.560 crores for Support to Medical Educational Institution
- Rs.50 crores is provided for Establishment of Odisha University of Health Sciences, Bhubaneswar

Education Sector

- Allocation of Rs. 33,865 crores for the Education Sector.
- Rs. 24,764 crores for the School and Mass Education Department.
- Rs. 521 crores under Mo School Abhiyan, Rs.880 crore for Odisha Adarsha Vidyalaya and Rs.10 crore for High School Transformation Programme under 5T.
- Rs. 1175 crores for PM POSHAN including State Support Rs. 178 crores and Rs. 4717 crores for Samagra Sikshya, including State Support of Rs.476 crores.
- Rs. 3,470 crores for Higher Education Department.

Urban Development

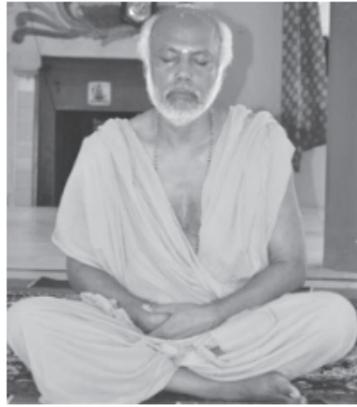
- Allocation of Rs. 10,718 crores to transform Urban Odisha.
- Rs. 418 crores for Urban Water Supply-BASUDHA, Rs. 100 crores for Jaga Mission and Rs. 918 crores for New City Development
- Rs. 430 crores for Urban Sanitation Scheme
- Rs. 214 crores for Urban Sewerage Scheme
- Rs. 200 crores for Storm Water Drainage & Dev. of Water Bodies
- Rs. 1200 crores for Urban Road Transport
- Rs. 50 crores for Odisha Urban Infrastructure Development Fund.



SELF KNOWLEDGE

Immobilising the Immobiliser

Swami Suddhananda



The other day we were going to drive back from a big shopping mall in Birmingham and we were all seated in the car. The person who was to drive us back had already put the key in the ignition and, over a joke while laughing aloud, started to move the key. The car mumbled and stopped. Our laughter turned to a smile and we were looking at the driver. He tried again. Again and again. The car would not start! We were to return to the camp for a class at 5 pm and we were almost forty-five minutes away.

When the car did not start, I suggested that we give a push to the car, as we often do in India. We all got down and the owner-driver felt embarrassed but agreed for a trial. Nothing happened and the gentleman rang up his wife. In between he decided that he should sell the car. Then his wife advised him to handle the car gently. Again a few minutes of trial, but the car would not start. When he rang her up again to send somebody to pick us up, his wife suggested to find out whether he had switched off the immobiliser. That did the trick. He was trying to start the car without immobilising the immobiliser

kinds. If the notion of 'I' is the primary shackle, all other notions are chains and loads of different kinds. The paradox is that the chained and the burdened individual wishes to release himself from the loads while carrying all the loads because of his false identity. To the question, "who are you?", the answer inevitably begins with, "I am.....". This first name 'I' itself is a name and the name is never the thing that it stands for. The 'I' is the first name for 'the sense of being' which is a nameless, formless existence that touches everything in the universe.

If we start thinking deeply into the naming game, we can recognize that before we human beings name anything first we objectify the object. The same principle holds good in relation to intangible emotions. Emotions are not perceived by sense organs but one is conscious of the thoughts and the thought modifications that appear as emotions. But there is one name 'I' which we have not named after objectifying the meaning of the word 'I', as 'I' is the 'subject' and whatever it stands for is a Nameless, Formless expanse which can never be objectified. And whatever we take the 'I' to be - beginning from riches, body, sense organs to the thoughts etc, can never be the meaning of the 'I', the subject, as all those levels are subject to objectification.

But these objects on which the identity of the 'I' is imposed become the immobilising conditionings on the 'I'. The 'I' itself, the first name, is the first imposter, who imposes itself on all other identities. Or, in the name of educating the 'I', the 'I' is swamped by hundreds of identities at different levels. The imposter either collects the identity trophies to be stacked further or is trained to accept identities in the name of growth, happiness or freedom. The sunshine waits under the clouds of identities. The 'I' who feels clouded, the imposter who feels imposed upon, the immobiliser who has concluded that the identities have the immobilising effect, must immobilise itself by understanding the 'nameless being' that he is! The

namings, the words must be left behind to communicate, to describe the communicable, describable perceptions and emotions. Even the word 'I' can be used as a 'subject', among the objects. But the 'subject', 'the I', is a nameless, indescribable, inexplicable presence that nobody or nothing in this universe can escape!

Different levels of Immobilisation

The depth or shallowness of one's personality will depend upon the depth or shallowness of the level of one's source of identity. If one considers the material riches as the ultimate identity, such a person will not mind sacrificing all human relationships, the physical bodies or the emotions to protect his source of identity. The person is so gross that he does not understand that all the material prosperity will need 'his' protection and that they can never never protect him. That is why, the person who identifies with the gross body will be a bit subtler in the sense, he will sacrifice the wealth for the sake of the body, even though he will not mind destroying other bodies to safeguard his source of identity. Again such a person does not understand that neither he can protect the body nor the body can protect him as by nature the body is mortal and is

constantly changing, perishing, consumed by time. The pursuit of the sensations through sense perceptions shall be the dominant end of such a life. Then a person who identifies with emotions of various kind will be dominantly emotional and shall be constantly affected by conscious and unconscious mood changes. Being romantic or depressed, he may not care for the physical or material conditions, but that indifference is more the result of an

incapacity to care than out of any sense of fulfilment. Similarly, dominantly intellectual person will have not much of emotion but shall be extremely individualistic and can be very rationally irrational. He may be more subtle than other people but that subtlety can also make him both cunning and compassionate, reasonable and manipulative. The person can be a lover as he will be too full of himself and no amount of material acquisition can drown that sense of void. But because of the preoccupation with thinking, such people will help in making use of the different possibilities in the nature.

"If you seek God in every experience, you are bound. If you see God in every experience, you are liberated".

Though these are the dominant characteristic features of different people identifying at different levels, yet one cannot just compartmentalise various people into one rigid classification. There shall be touch of all levels in all people in various degrees, but the divisions and the subsequent isolation of different kinds shall always stare at the individuals.

Whereas when the man understands the 'I' the Nameless Presence behind all names or in and through all names and forms, he will at once recognize himself in and through everything. As a result, he will have no sense of inferiority or superiority. His is an incomparable existence inherent in all and therefore there is an effortless acceptance of limitations of body, sense organs, and thoughts of different kinds at their own levels.

Counteracting the Immobiliser

But when all the identifications at various levels are taken to be the reality, those act like the immobilisers and the 'I' is immobilised in its thinking. It will never learn to challenge itself and therefore shall never

learn. Then it shall pick up various ideas or practices for its own entertainment and survive but never for its own annihilation. Therefore such teachings that will help him forget himself for sometime can be very popular like the unconscious sleep.

Sleeping over the limitation can see people through life and that is why many are not interested in challenging themselves and seeing themselves as they are. To see one's own Self is to counteract all the immobilisers in the form of various social, political or religious conditionings and ultimately to immobilise the word 'I' itself which is the primary conditioning, as the sense of 'being' does not require either the name 'I' or the thought 'I' to exist. All our teachings must be directed towards it in various assimilable ways so that even a

growing youngster is made aware of the possibility of happiness, freedom, here and now while living this life. This teaching cannot be and should not be at the cost of other objective knowledge, as to know and 'be' the subject, we have to start with all our objective experiences. Neither must we

stop at the level of the objective knowledge and try to teach 'managing' the limited objective lessons and the identifications.

We can never succeed creating a stable pattern, as by themselves, the objective world and experiences are constantly falling apart. We have to look at the "who seems to be experiencing, exhausting and relaxing to continue the initially exciting but ultimately tiring cycle. The cycle of experiences neither has nor is a problem, but the experiencer, 'I', is the problem and has the problem. And therefore one can never manage the thoughts. And he experiences without learning about the 'I' itself, the primary immobiliser, who pretends to mobilise experiences and happiness in life and thereby further immobilises himself with burden of identifications. The ultimate teaching is to counteract that prime immobiliser and ultimately he does it to himself to discover that, after all, everything was always "free"!

Natural happenings have no motive or attribute. It is man's understanding, interpretation and conditioning that makes something 'good or bad', 'right or wrong', 'beautiful' or 'ugly'.

that prevents the car from starting and therefore from car theft. We all had a relief and were back in time in the camp for the next scheduled programme.

The Immobiliser

Billions in this world attempt to drive through life without immobilising the immobiliser - the strong conditionings of the past. The toughest conditioning is not the ideas about history, race, religion, food, dress, language or customs. Those are limiting and immobilising conditionings 'also' but the primary immobiliser is the 'I', the individuality, itself.

That 'I', the individuality, picks up a thousand different extended notions to get himself totally imprisoned by the thoughts or ideas of different

SPIRITUALITY

Accept your Fear

By Osho

When you know that there is fear in your being and you cannot do anything about it, what can you



do? All that you can do is pretend, and pretensions can go to the very extreme, to the other extreme.

A very fearful man can become a very brave man. He can create an armour around him. He can become a dare-devil, just to show that he is not afraid; just to show others that he is not afraid. And if he can go into danger, he can deceive himself that he is not afraid. But even the bravest man is afraid. His whole bravery is just around him; deep down he trembles. Not to be aware of it, he takes a jump into danger. He becomes engaged with the danger so that he is not aware of the fear, but the fear is there. You can create the opposite, but this is not going to change anything. You can pretend that you are not afraid — that makes no change again. The only transformation that can happen is that you become simply aware that 'I am fear. My whole being is trembling, and whatsoever I do is because of the fear.' You have become true to yourself.

Then you are not afraid of fear. It is there, a part of you; nothing can be done about it. You have accepted it. Now you don't pretend, now you don't deceive anyone, nor yourself. The truth is there, and you are not afraid of it. The fear starts disappearing, because a person who is not afraid to accept his fear has become fearless — that is the deepest fearlessness that is possible. He has not created the opposite, so there is no duality in him. He has accepted the fact. He has become humble before it. He doesn't know what to do — no one knows — and nothing can be done, but he has stopped pretending; he has stopped using masks, faces. He has become authentic in his fear.

This authenticity, and this fearlessness to accept the truth, changes you. And when you don't pretend, don't create a false love, don't create a deception around you, don't become a pseudo-person, you have become authentic. In this authenticity, love arises; fear disappears, love arises. This is the inner alchemy of how love arises.

Now you can love. Now you can have compassion, sympathy. Now you don't depend on anyone, because there is no need. You have accepted the truth. There is no need to depend on anyone; there is no need to possess and be possessed. There is no hankering for the other. You accept yourself — through this acceptance, love arises. It fills your being. You are not afraid of fear, you are not trying to get rid of it. Simply it disappears when accepted. Accept your authentic being and you will be transformed. Remember: acceptability, total acceptability, is the most secret key of tantra. Don't reject anything. Through rejection you will be crippled. Accept everything — whatsoever it is. Don't condemn it, and don't try to get rid of it.

There are many things implied in it. If you try to get rid of it, you will have to cut your being into departments, fragments, parts. You will be crippled. When you throw one thing, something else is also thrown with it — the other part of it — and you become crippled. Then you are not total. And you cannot be happy unless you are total and whole. To be whole is to be holy. To be in fragments is to be ill and diseased. So I will say, try to understand fear. Existence has given it to you. It must have some deep meaning, and it must have some hidden treasure, so don't throw it. Nothing is given without any meaning. Nothing exists within you which cannot be used in a higher symphony, in a higher synthesis. All that exists in you, whether you understand it or not, can become a step. Don't think of it as a hindrance; allow it to become a step. You can take it that it is hindering the path — it is not hindering. If you can ride above it, if you can use it, stand on it, a new view of the path will be revealed to you on a higher level. You will be able to look deep into the possibility, into the future, into the potentiality.

Riddle Of A Conscious Universe

By Deepak Chopra

One of the strangest theories currently being tossed around is the notion that we live in a conscious universe. The typical label for this hypothesis is panpsychism, an ancient belief that there is sentience in everything in creation. I asked AI for the origins of panpsychism and got this answer from Google Gemini.

The idea of panpsychism, that all things have some form of mind, has roots in ancient philosophy, even before Socrates! Early Greek thinkers like Thales and Aristotle hinted at it. The term itself was coined much later, in the 16th century, by the Italian philosopher Francesco Patrizi.

Modern physics is the last place you'd expect a notion from ancient philosophy to show up, given that there is no physical data to support it, no empirical measurement or experiment to prove or disprove it, and little credibility behind rocks, trees, and clouds having a mind.

In essence, physics—and more particularly, cosmology—has been backed into a corner in hopes that panpsychism will come to the rescue. Cosmology is responsible for giving us the origins story of the universe. Until quite recently, leaving mind or consciousness out of the story suited almost everyone. As humans, we know we have a mind, and the brain takes care of that bit of biology, so there was no need to drag in a conscious universe.

Yet for some reason, a number of the greatest quantum pioneers disagreed, among them Max Planck, Werner Heisenberg, and Erwin Schrödinger, who each in his own way felt that consciousness was inherent in creation. Such an eccentric idea was dismissed as a personal quirk that had nothing to do with the business of doing physics from day to day.

And there matters might have stood, even though some striking quotes linger around the whole issue. Sir James Jeans, the noted English astronomer-physicist, wrote, "The universe begins to look more like a great thought than like a great machine. Mind no longer appears to be an accidental intruder into the realm of matter ... we ought rather to hail it as the creator and governor of the realm of matter."

If time travel dropped this quote into the laps of the ancient Vedic rishis, or seers, of India, they would have instantly agreed. Jeans's insight wasn't that we live in a conscious universe but that mind/consciousness is "the creator and governor" of the physical world. Suddenly the topic becomes personal because your brain is a physical object, and what Jeans declares is the opposite of what neuroscience believes. Neuroscience believes that matter creates and controls mind; most brain researchers would even claim that brain = mind.

Jeans, echoing not just Vedic philosophy but Planck, Heisenberg, and Schrödinger, is saying that your brain doesn't create your mind; nor do brain cells think, feel, or have experiences. Consciousness does all of that, with the brain responding as a physical instrument the way a piano responds when a musician sits down to play. No one would claim that a piano knows music, and since brain cells are made of organic chemicals the same as the wood in a piano is made of organic chemicals, there's no logical reason to suppose that rearranging organic chemicals in a super-complex way inside the human brain gave them the gift of mind. As one wit put it, to say that we have a mind because our brains are so complex is like saying that if you add more cards to a deck of playing cards, it will know how to play poker.

A contingent of physicists, largely in the younger generation, realized that leaving consciousness out of the cosmic origins story doesn't work. It seems as if millions or even billions of planets outside the solar system might contain life, and life leads to speculations about advanced life forms that can think. Even leaving that aside, physics is rational, and a rational explanation for where consciousness originated is necessary.

Now we come to the part about being backed into a corner. No one to date has been able to show when or where atoms and molecules learned to think. As obvious as it seems that each of us has a mind, you cannot simply use sleight of hand to claim that atoms and molecules gained special dispensation to think inside the human brain. (The discovery of language systems among birds, whales, porpoises, and other higher life forms has already demoted the uniqueness of our brain.)

Panpsychism arose as a kind of back-and-fill operation. By ascribing consciousness or perhaps proto-consciousness (a beginning stage of mind) to the universe, you can point to atoms and molecules possessing consciousness as a property like mass, charge, and energy states. The solution seems quick, simple, even elegant. And it has the benefit that your worldview can still be materialist/physicalist. You are shoring up the notion that, after all is said and done, the human brain is thinking and experiencing the world at the level of neurons.

Continued Page 02

Why do you want to get rid of fear? Or have you become afraid of fear? If you have become afraid of fear, this is a new fear. This is how mind goes on creating the same pattern again and again. I say, 'Don't desire and then you will reach the divine.' So you ask, 'Really, if we don't desire, then will we reach the divine?' You have started desiring the divine. I say to you, 'If there is fear, love cannot be,' so you become afraid of fear. You ask, 'How can one get rid of fear?' This is again a fear, and more dangerous than the first one, because the first one was natural; the second one is unnatural. And it is so subtle that you are not aware of what you are asking — how to get rid of fear?

The question is not of getting rid of anything; the question is only of understanding. Understand fear, what it is, and don't try to get rid of it, because the moment you start trying to get rid of anything, you are not ready to understand it — because the mind which thinks to get rid of is already closed. It is not open to understand, it is not sympathetic. It cannot contemplate quietly; it has already decided. Now the fear has become the evil, the sin, so get rid of it. Don't try to get rid of anything. Try to understand what fear is. And if you have fear, then accept it. It is there. Don't try to hide it. Don't try to create the opposite. If you have fear, then you have fear. Accept it as part of your being. If you can accept it, it has disappeared already. Through acceptance, fear disappears; through denial, fear increases.

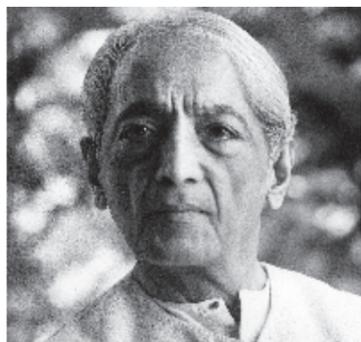
You come to a point where you know that you are afraid, and you come to understand, 'Because of this fear, love cannot happen to me. So, okay, what can I do? The fear is there, so only one thing will happen — I will not pretend love. Or, I will say to my beloved or my lover that it is because of fear that I am clinging to you. Deep down I am afraid. I will become frank about it; I will not deceive anyone, nor myself. I will not pretend that this is love. I will say this is simply fear. Because of fear, I cling to you. Because of fear, I go to the temple, or to the church, and pray. Because of fear, I remember God. But then I know that this is not prayer, this is not love, this is only fear. I am fear, so whatsoever I do, it is there. I will accept this truth.' A miracle happens when you accept a truth. The very acceptance changes you.

What is Jealousy?

By - J Krishnamurti

The desire to change yourself breeds envy, jealousy; whereas, in the understanding of what you are, there is a transformation of what you are. But, you see, your whole education urges you to try to be different from what you are. When you are told: "Now, don't be jealous, it is a terrible thing." So you strive not to be jealous; but that very striving is part of jealousy, because you want to be different.

You know, a lovely rose is a lovely rose; but we human beings have been given the capacity to think, and we think wrongly. To know HOW to think requires a great deal of penetration, understanding, but to know



WHAT to think is comparatively easy. Our present education consists in telling us WHAT to think, it does not teach us HOW to think, how to penetrate, explore; and it is only when the teacher as well as the student knows how to think that the school is worthy of its name.

SPORTS AFFAIRS

Dhruv Jurel vs Rishabh Pant

Team India's emerging wicketkeeper-batsman Dhruv Jurel was a revelation in the recently-concluded Ranchi Test against England. Now fans are intrigued by the question whether Jurel would retain his place when India play their next Test match in September with Rishabh Pant aiming a comeback to cricket.

Aggressive player Pant was India's primary wicketkeeping choice across format, until that unfortunate night in December 2022, when he suffered a tragic car accident.

Reflecting on the selection headache, spin legend and former India captain Anil Kumble admitted that Jurel has all the credentials to achieve what Dhoni did in his career.

"Oh yes, there is Rishabh Pant. We don't know of course when he comes, comes back whenever that happens. Sooner hopefully for Rishabh. But otherwise, yes, he certainly has all the credentials to get to where MS Dhoni reached in his career. But he has shown that he is not just shown the temperament of his



technique to defence but even when he is attacking. Even in that first innings he was very assured he went after and then hit those big sixes when he was batting with the tail and hats off even behind the stumps," said Kumble.

"Jurel has been exceptional. Especially of the faster bowlers. Spinners again took a couple of really good catches and he is only going to improve. This is only his second Test and I am sure as he starts playing more and more he'll only get better. And it only

augers well for India. And to have him in a squad is exceptional. Yeah, I mean it's not been easy for KS Bharat. But that's why I said the selectors, having seen him with only 15 1st class games have chosen him. Saying okay, this is the person who we believe and introduced him in that last Test. And since then he has been outstanding and he has played the match because the batting really I always feel and I don't want to sort of throw a dampener on this at all because that is not my intention," he added.

Next Dhoni in offing !

Former India great Sunil Gavaskar heaped massive praise on wicketkeeper-batsman Dhruv Jurel after the youngster scored a gritty 90 in the first innings of the ongoing fourth Test against England in Ranchi on Sunday.

"Watching the presence of mind of Dhruv Jurel makes me think he is the next MS Dhoni in the making," said Gavaskar during an interaction.

As per the former India captain, if Jurel continues to bat like he did in Ranchi, he will score plenty of centuries going forward.



"Jurel missed out on a century today. However, this young man will go on to score many centuries because of his presence of mind," the Little Master added.

Notably, Jurel was cleaned up by Tom Hartley (3/68) after a splendid 90 off 149 balls studded with six fours and four sixes to wrap up India's first innings in 103.2 overs.

Jurel and Kuldeep Yadav (28) batted brilliantly and kept England at bay for the large part of the first session on the third day after doing so on the final session of the second day evening.

Gayle slams England star

After former Australia captain Michael Clarke, former West Indies great Chris Gayle has dismissed Ben Duckett's comments on Bazball inspiring promising Indian opener Yashasvi Jaiswal's attacking batting style after the young Indian's double century in the third Test in Rajkot.

Earlier, Duckett had credited England's attacking batting approach over the past two years for rubbing off on Jaiswal.

However, in response to Duckett's comment, Gayle pointed to his Windies

predecessors setting the bar for attacking batting much before Bazball. The explosive batter also credited Jaiswal's coaches for his aggressive instincts.

"Attacking cricket has been played for years, even before Chris Gayle actually set foot on the international scene as well. We the West Indies had the likes of Viv Richards, those guys set it up for us...Brian Lara, those guys are attacking players in all formats as well. When you actually check their stats, do check how they went about their innings," said Gayle.

"I don't think Jaiswal learned it from England. That style of play he developed with his coach and mentor He's just phenomenal. It's like the guy has been playing for 20 years, unbelievable. I just hope he can keep it up," he further said.

"A lot will be expected of him as he goes on but they should just let him continue to flow. He is an attacking player, you see that in his T20 cricket as well...That's in his nature as well and they shouldn't try to curb him or try to change him," he added.

Historic Tons



Mumbai batsmen Tushar Deshpande and Tanush Kotian recently made history as they became the first No 10 and 11 batting pair in Ranji Trophy history to score centuries each in the same innings. Moreover, it is only the second in all of first-class cricket.

In the first quarterfinal match against Baroda, Deshpande and Kotian, the final two Mumbai batters, put on an astonishing partnership of 232 runs for the last wicket, both reaching triple digits individually.

Fans on social media went crazy as they could not believe what happened in the Ranji Trophy. The last time something like this happened was in 1946 when Chandu Sarwate and Shute Banerjee scored centuries vs Surrey in 1946.

"Mumbai's No 10 Tanush Kotian (right) and No 11 Tushar Deshpande after both hit centuries -the first time it has happened in Ranji. They shared a 232-run stand for the 10th wicket vs Baroda on 5th and final day, missing out on the Ranji record by 2 runs #RanjiTrophy," wrote a fan.

"Tushar Deshpande in this innings alone has surpassed Ajinkya Rahane's tally of 115 runs in the entire Ranji season (0, 0, 16, 8, 9, 1, 56*, 22, 3 & 0)," tweeted another fan.

"CSK's batting depth is Insane! Tushar Deshpande scored a century," a third user commented.



IPL 2024

Rohit under Pandya

Star all-rounder Hardik Pandya has replaced Rohit Sharma as the captain of the Mumbai Indians for the upcoming Indian Premier League (IPL).

Meanwhile, former India cricketer turned cricket expert Sanjay Manjrekar feels that Rohit will be a bit uncomfortable playing under the captaincy of Pandya in IPL 2024.

As per Manjrekar, Pandya carries a bit of swagger alongside him and the likes of Rohit and Suryakumar Yadav playing under him will be entertaining to watch.

“It's going to be tricky. Hardik Pandya is a guy who has got a bit of a swag. He will carry that into the Mumbai Indians dressing room as well. And it will be a bit uncomfortable because Rohit Sharma might have thought, he will get one more year as captain.

Suryakumar Yadav might also have something similar in his mind, that he might have been able to lead Mumbai Indians this season. But Hardik Pandya won't



let that affect him. It will be entertaining,” said Manjrekar during a recent interaction.

Meanwhile, as per former India wicketkeeper-batsman Parthiv Patel, Pandya will be under tremendous pressure while leading MI in the forthcoming IPL season. However, he termed Pandya's appointment as captain

a well thought-out decision by the franchise.

“There will be a lot of pressure on Hardik. It will be challenging; replacing a five-time title-winning captain and a team that is used to playing a certain way for 10 years. And, this change of guard will be challenging for Hardik and for the players who are so used to playing under Rohit Sharma,” said Parthiv.

IPL over Ranji Trophy

Despite repeated reminders from head coach Rahul Dravid and warning issued by BCCI secretary Jay Shah, some Indian cricketers are constantly ignoring domestic cricket.

Shreyas Iyer is the latest noted Indian cricketer after aggressive wicketkeeper-batsman Ishan Kishan to add to BCCI's worries. Kishan ignored Dravid's advice and did not play a single Ranji Trophy game for Jharkhand in the ongoing domestic season. Now, it has come to light that Iyer did not make himself available for Mumbai's knockout fixtures.

Iyer informed the Mumbai Cricket Association that he was unavailable for the quarter-final match due to a back injury. However, National Cricket Academy (NCA) head of sports science and medicine, Nitin Patel, in an email to the MCA selectors, informed that Iyer had no fresh injuries and was cleared

to play.

The development raises serious doubts over the young Indian cricketer's indifferent attitude towards domestic red-ball cricket. With the cash-rich Indian Premier League (IPL) being a month away, they don't want to risk fatigue or injury which may hamper their chances of participating in the world's richest T20 league. Notably, Iyer, who missed the last season due to injury, is set to be back as the captain of Kolkata Knight Riders in IPL 2024.

Earlier, BCCI secretary Jay Shah had expressed concern that players are prioritising domestic cricket over IPL which was not anticipated.

“However, there is a trend that has started to emerge and is a cause for concern. Some players have begun prioritising the IPL over domestic cricket, a shift that

was not anticipated. Domestic cricket has always been the foundation upon which Indian cricket stands, and it has never been undervalued in our vision for the sport,” Shah wrote in the letter addressed to players.

“It is essential to recognise that domestic cricket forms the backbone of Indian cricket and serves as the feeder line to Team India. Our vision for Indian cricket has been clear from the outset - every cricketer aspiring to play for India must prove themselves in domestic cricket. Performance in domestic tournaments remains a critical yardstick for selection, and non-participation in domestic cricket will carry severe implications,” he added.

Meanwhile, many experts have blamed the overloaded cricketing schedule as a reason why many cricketers are not interested to play in domestic cricket anymore.

“Very interesting scenario there in India and I have been through this quite a bit throughout my career as well. It is a very tricky situation. Players trying to manage their careers, and rightfully so, but the difficulty around this is that there are a lot of T20 leagues around the world, IPL, and it's taking up a lot of attention...of the player's focus is on that,” said former South Africa Mr 360 degree batter AB de Villiers on his official YouTube channel.



Dhoni's IPL retirement prediction

Captain Cool MS Dhoni will lead Chennai Super Kings (CSK) in the 2024 edition of the cash-rich Indian Premier League (IPL). However, fans are always intrigued about the retirement of the veteran wicketkeeper-batsman Dhoni from IPL.

Meanwhile, former Indian all-rounder Irfan Pathan believes that legendary cricketer Dhoni is definitely not done with the IPL.

When asked whether the 2024 season will be Dhoni's IPL swansong, former CSK star Pathan said, “Definitely not. I had met Dhoni about a month ago. He had long hair, he is growing his hair. He is going back



to the old times and looking supremely fit. For a guy who is past 40 and still so fit, I really hope for his sake, for his franchise's sake and for the fans' sake he continues to play.”

“Even if Mahendra Singh Dhoni plays on one leg, people would still like to see him play. If this is his last season, I really want him to go on a high. He will never go out of IPL. He will never go out of CSK. CSK is Dhoni. Dhoni is CSK. There is no difference,” the former all-rounder added.

Gavaskar on Pant's return



Aggressive wicketkeeper-batsman Rishabh Pant is all set to make his much-awaited return to competitive cricket in the upcoming edition of the Indian Premier League (IPL) after the horrific accident. Fans are eagerly waiting for the Delhi Capitals captain and his game.

Meanwhile, legendary cricketer Sunil Gavaskar is also excited to see Pant's return. However, he is worried that it might take him time to be fluent again.

“I am also a big fan of Pant. For me, the most important thing is he should be healthy like before, so that he can come and entertain us. It will be very difficult for him and it will take some time for him to get that batting fluency. But good that he has started training,” said Gavaskar during a recent interaction.

“Knee plays a pivotal role in batting as well as keeping – which of course he may not do initially. Maybe he won't be the usual Rishabh Pant that we are used to seeing. He certainly has the ability to think on his feet. If he gets back to full fitness, the reins of Delhi Capitals should be handed over to him. Let's stay hopeful. This season is first of him coming back to full fitness. Let's not rush him into doing something that there will be a setback,” said the Little Master.

NATION

Nothing Spectacular in Interim Budget 2024

Pradeep Kumar Panda, Economist, Bhubaneswar

There is nothing spectacular in Interim Budget 2024 presented by Finance Minister Nirmala Sitharama. Budget is heavy on fiction and ornamental language with new definition of terms like GDP (Governance Development Performance), FDI (Fast Developed India), 1 Crore Lakhpati Didi etc. There is no change in Direct Tax and Indirect Tax including Import Duties.

It seems there is no increase in Health and Education Budget. There is nothing to address Cost of Living Crisis. Converting 40,000 general coaches of Railway to Bande Bharat Coach will negatively affect poor and middle class passengers.

There is no measure to address inflation issues and unemployment issues including MSME sector. Youth is grossly neglected in the budget. Fiscal Deficit is 5.8% in FY23 and target is 5.1% for FY24 which is very doubtful as India has highest level of Debt since Independence. Fiscal Consolidation and Fiscal deficit are serious issues.

The Indian economy has witnessed a profound positive transformation in the last 10 years, Finance Minister Nirmala Sitharaman said on Thursday in her pre-election Budget, which is technically a vote on account and popularly termed an interim Budget. Sitharaman said people of India are looking ahead to the future with hope and options. She further said the government under the leadership of Prime Minister Narendra Modi covered all aspects of inclusivity.

Structural reforms, pro-people programmes and employment opportunities helped the economy get new vigour, the finance minister said. After contracting by 5.8% in 2020-21, the economy recorded a growth of 9.1% in 2021-22. However, per capita growth declined to 5.1% which is 21 years lowest level.

Expressing hope that the BJP-led government will be blessed again by the people with a resounding mandate in the forthcoming general elections, the minister said: "Based on stupendous work, we expect our government will be blessed again by the people with a resounding mandate." She also said India overcame challenges of Covid-19, created foundations for self-reliant India. India was facing enormous challenges when the Modi government took office in 2014, and it overcame those in right earnest, Sitharaman said.

As many as 11.8 crore farmers were provided financial assistance under the PM KISAN Yojana, Sitharaman said. Pradhan Mantri Kisan Samman Nidhi (PM-KISAN) is one of the world's largest Direct Benefit Transfer (DBT) schemes. Under the PM-KISAN scheme, the government provides a financial benefit of Rs 6,000 per year in three equal four-monthly instalments. The money is

transferred into the bank accounts of farmers' families across the country through DBT mode.

As many as 1.4 crore youth were trained and upskilled under the Skill India Mission, the finance minister said while presenting the interim Budget on Thursday. The mission focuses on skilling, re-skilling and upskilling through short-term and long-term training programmes.

The government is addressing systematic inequalities, which have plagued society, Sitharaman said. Presenting the interim Budget 2024-25, Sitharaman said economic management over the past decade has complemented people-centric inclusive development. STEM (Science, Technology, Engineering, and Mathematics) courses have seen enrolment of 43% women, the highest in the world, she added.

About 2 crore more houses to be constructed under housing scheme, and govt to launch a scheme for deserving middle class living in rented houses/slums/unauthorised colonies. In last 10 years, 25 crore people got freedom from multi-dimensional poverty, said FM. Direct benefit transfer of Rs 34 lakh crore through Jan Dhan accounts have resulted in savings of Rs 2.7 lakh crore.

Under PM Mudra Yojana, 43 crore loans aggregating to Rs 22.5 lakh crore were extended. The next 5 years will be years of unprecedented development and golden moments to realise the dream of developed India by 2047 said FM.

Rooftop solarisation to ensure 1 crore household free electricity of up to 300 units per month, household to save Rs 15,000-18,000 annually. FM Sitharaman announces plans to increase milk and dairy production.

Capital spending for 2024-25 raised by 11% to Rs 11.11 lakh crore or 3.4% of GDP. Tripling of capex in last 4 years resulted in a multiplier effect on economic growth and employment generation. 50-year interest-free loans of Rs 75,000 crore will be extended to states to realise dream of developed India.

Fiscal deficit expected at 5.8% of GDP in FY24, down from 5.9% estimated earlier and 5.1% fiscal deficit expected in FY25. Tax receipts for 2024-25 projected at Rs 26.02 lakh crore. We continue on path of fiscal consolidation to reduce fiscal deficit to 4.5% in 2025-26.

Processing time of tax returns reduced from 93 days in FY14 to 10 days and refunds made faster. Sitharaman says no changes in tax rates for direct and indirect taxes, including import duties. Government of India will raise Rs 14.13 lakh crore for market by issuing dated securities during 2024-25, said FM. Centre will withdraw old disputed direct tax demands of up to Rs 25,000 till



FY2009 and Rs 10,000 for 2010-11 to 2014-15.

On Infrastructure, she said that the capital expenditure outlay for infrastructure development and employment generation will be increased by 11.1% to Rs 11,11,111 crore, that will be 3.4% of the GDP. On reforms in the states for 'Viksit Bharat', she said that a provision of Rs 75,000 crore rupees as a fifty-year interest-free loan has been proposed to support milestone-linked reforms by the state governments.

She said that three major economic railway corridor programmes identified under PM Gati Shakti will also be implemented to improve logistics efficiency and reduce cost of energy, mineral and cement corridors, port

connectivity corridors, and high traffic density corridors.

About the aviation sector, she said that the number of airports in the country have doubled to 149 airports. "Five hundred and seventeen new routes are carrying at least 1.3 crore passengers. We have also placed orders for over 1,000 new aircrafts," she said.

"Under PM Fasal Bima Yojana, crop insurance has been given to 4 crore farmers," she said. She said that Electronic National Agriculture Market (e-NAM) has integrated 1361 mandis, providing services to 1.8 crore farmers with a trading volume of Rs 3 lakh crore.

On Nari Shakti, she said that 30 crore Mudra Yojana loans have been given to women entrepreneurs. "Female enrolment in higher education has gone up by 28%" she said. "Over 70% houses — under PM Awas Yojana — have been given to women from rural areas," she said. On PM Awas Yojana (Grameen) she said that despite COVID challenges, the target of three crore houses under PM Awas Yojana (Grameen) will be achieved soon.

She also mentioned rooftop solarisation and "muft bijli",

saying that 1 crore households will obtain 300 units free electricity every month through rooftop solarisation. "Each household is expected to save Rs 15,000 to Rs 18,000 annually due to rooftop solarisation," she said.

On Ayushman Bharat, she said that healthcare cover under Ayushman Bharat scheme will be extended to all ASHA workers, Anganwadi workers and helpers. On agriculture and food processing, the Finance Minister said that Pradhan Mantri Kisan Sampada Yojana has benefitted 38 lakh farmers and generated at least 10 lakh employment.

"Pradhan Mantri Formalisation of Micro Food Processing Enterprises Yojana has assisted 2.4 lakh SHGs and 60,000 individuals with credit linkages," she said. "A corpus of Rs 1 lakh crore will be established with fifty-year interest-free loan to provide long-term financing or refinancing with long tenors and low or nil interest rates," she mentioned about research and innovation for catalysing growth, employment and development.

Interim Budget 2024 could have been more proactive and could have addressed present issues and challenges of India like Inflation, Unemployment, Malnutrition, Rural Distress etc.

From Page 14 (Character...)

- Where there is withdrawal, non-cooperation or even hostile activity under the influence of mischievous or unfavourable ideas without questioning directly, whatever wise and good argument is given, subterranean ingratitude is flowing there.
- Those whose propensity for contemplation is strong, contemplating, acting or moving after due observation are not deemed to be sweet for them, who are not habitually well attentive and responsible, and who have conflict in what they do and what they say, who are slow, unskillfully proficient and experts in accumulating works, in whatever field they move expect more of indigence.
- The deceitful speaks of dharma in the case of another with the intention of managing to get hold of something but conveniently becomes worldly, or a servant of the people.
- Those who worship when they receive are empty in character.
- All the avenues of improvement usually get foiled for those who are always lazy, dependent and apathetic to application.
- Those who always promise at every turn are commanded by unsteady honesty, they are absolutely accustomed to proceed in the opposite way.
- Speaks aplenty from the eager desire to obtain, And

yet does nothing actively, such a man is the harbinger of disaster, he never makes any delay to harm others in his own self-interest; So, men who are good at words but never in deeds are harmful for others.

- When one does not try to understand as soon as something is being said to him and does not get it performed, or, forgets often, by habit, he is not attentive, - he is overwhelmed by his own mould, neglectful and obstinately callous.
- Whatever is the truth - when one does not accept that even after comprehending or knowing or does not actively support, dishonest allurements very often lies hidden within their heart even then.
- Men, whose selfishly blind ingratitude and deceitful nature are spontaneous, however you serve them - you will very seldom be able to make them self-subsistent and actively elegant; their disorder is very serious, take care of yourself with preventive measures, - lest you be infected yourself.
- They who always take advantage of others but never give service voluntarily, can harm others at any moment, - they are treacherous at heart.
- Those, who are selfishly avaricious when giving service, or are averse to serve, and self-seeking mean-minded worshippers of ego, - are never candid in their desire; such is the nature of their desire; such is the nature of their desire that the heart of none opens, they

always desire to keep their vanity intact through bluffing; their only weapon to support themselves turns out to be ingratitude, it is hardly possible for them to think another as their own.

- Men who are incapable of submissive salutation or obeisance, and it seems that somebody has taken hold of their head; know that in spite of all the glamour they possess at least till then, personality, afflicted with an inferiority complex has kept them engrossed through the command of the instigation of reasoning; where there is no humility - there is no perception, nor is their education, perhaps, there may be some purulent-smelling understanding there.
- Those who have efficiency but are blind to the matter of punctuality are the explorers of regret and failure their opportunity is always full of doubt.
- Man with slackly emotive intent are often coveters of hesitation, and, those who covet hesitation are usually blind to punctuality, with a million efficiency they miss cooperation and opportunity, - so, they become tired - ultimately.
- The unpunctual are usually irresponsible, they suffer from the consumption of action and are the harbingers of trouble.
- Those who can not get on in an adjusted way are deficient in attention, - and are less efficient in skillful behaviour timely effective work-efficiency.

SPECIAL REPORTS

Foundation stone laid for Barabati Stadium renovation

Odisha Chief Minister Naveen Patnaik laid the foundation stone for the renovation of the Barabati Stadium in Cuttack via video conferencing recently.

This apart, Patnaik also inaugurated as many as 41 cricket academies in 30 districts across the State.

Former India all-rounder Irfan Pathan, former spinner Pragyan Ojha, former pacer Debashish Mohanty, IPL chairman Arun Singh Dhamal, and members of the Odisha Cricket Association (OCA) were present during the foundation stone-laying event.

As per reports, the Odisha government has set a target to redevelop the Barabati Stadium into a world-class sports complex with all modern facilities. A budget of around Rs 700 crore has been earmarked for the project.

The audience capacity of the stadium will be increased from 42,000 to 60,000. Following a green signal by the BCCI, OCA



has prepared a Detailed Project Report (DPR) in this regard.

“Barabati stadium will be redeveloped into a World-class sports complex with all modern facilities in partnership with BCCI, OCA, and corporates. At the same time, considering the legacy of the stadium, the iconic clock tower will be preserved as a heritage structure. The VSS stadium in Sambalpur will be expanded and developed with the best cricket facilities for the cricketers in the region,” said

Patnaik on the occasion.

“We are going to build an international-standard stadium in a joint partnership between the Odisha government, BCCI, and the Odisha Olympic Association,” said OCA Secretary Sanjay Behera.

“The vision regarding cricket and other sports jointly prepared by the OCA and the State government will take Odisha cricketers and all other sportspersons a long way forward,” said Irfan Pathan.

Parking contractor fined Rs 3 lakh for charging Rs 12 extra

The Consumer Disputes Redressal Commission, Sambalpur has ordered a parking contractor to pay more than Rs 3 lakh to a consumer for overcharging Rs 12 to a consumer identified as Prafulla Kumar Dash.

The court imposed a fine of Rs 2 lakh to the contractor. Moreover, the contractor has also been directed to deposit Rs 1 lakh in the consumer welfare fund of the district.

The court also asked the parking contractor to refund Rs 12 at an interest of 12 per cent per annum and also pay Rs 10,000 towards the litigation cost to the complainant who was charged Rs 24 instead of the usual rate of Rs 12 for parking his scooter.

As per the complaint, Dash had parked his two-wheeler near the parking place at Sambalpur railway station on November 1, 2023. He got a parking ticket where he was asked to pay Rs 30. If the parking was for more than 12 hours, then the parking fee was fixed Rs 12.



However, the commuter returned before 12 hours. As per the fixed rule, he should have been returned Rs 18. However, the employee at the parking stand returned only Rs 6 to the commuter. When he asked about the excess amount of charge, the parking employee refused to return the rest of the amount.

Following the incident, Das moved to the Consumer Disputes Redressal Commission seeking justice in the matter. After the perusal of the pleadings and submission of the parties, the Commission made the hearing.

“It is directed to refund Rs 12 with 12 per cent interest for deficiency in service, unfair trade practice and monopolistic practice. A compensation of 2 lakh is to be paid along with litigation expenses of Rs 10,000. In case of non-payment of entire amount will carry 14 per cent interest till realization,” the order of the Commission read.

The Commission has also directed to ensure that the contractor will not exploit any consumer in the future and the parking should be fully covered so that it will be dust free.

“Display of rate chart be made immediately. Cleanliness of the parking area with drinking water facilities and lavatories are provided,” the order further read.

From Page 13 (Rags to riches...)

T Natarajan

Before making his IPL debut and subsequent call up to the Indian team, Yorker specialist T Natarajan was struggling in life. He was living in a small one storey house with his big family. His father was a weaver working on a powerloom. His mother ran a fast-food stall to feed their five children.

Mohammed Siraj

Team India's star pace bowler Mohammed Siraj saw unfortunate financial difficulties in his life before his IPL debut and inclusion in the Indian team. His father, who passed away in 2020 when Siraj was in Australia, was an Auto-rickshaw driver and his mother used to clean others' houses as a maid.

Umesh Yadav

Team India discard fast bowler Umesh Yadav's life his full of struggle before his entry into the Indian team. Umesh's father worked in a coal mine and would struggle to meet ends for his family in daily life. Before becoming a professional cricketer, Umesh had tried in the army and police, but was rejected.

Ravindra Jadeja

Team India star all-rounder Ravindra Jadeja's childhood was also full of struggle. Jadeja's father Anirudh worked as a watchman in Jamnagar, and at times couldn't put two meals in a day to feed his family.

Andhra intrusion into Odisha continues

Andhra Pradesh government has allegedly added fuel to the ongoing border dispute with Odisha by making another intrusion attempt into the disputed region.

In yet another brazen display of intrusion, officials of the neighbouring state reportedly conducted a mega public relations camp at Neredibalsa village under Kotia Gram Panchayat.

As per reports, umbrellas, ration,

volleyball kits were distributed among the people of the region in the public relations camp organised under the chairmanship of Additional SP of Manyam district. Moreover, medicines were also distributed following health checkups of more than 300 persons. The programme was conducted under the supervision of Salur police.

Though Andhra officials conducted the programme and organised volleyball matches for the whole day, no officials from

Odisha were present there.

No comments from Koraput administrative officials could be obtained in this regard.

As per sources, Andhra Pradesh government is trying to woo people with development schemes in view of the upcoming General Elections. Meanwhile, the lack of obstruction on the part of the Koraput administration has reportedly made it easier for the neighbouring state to repeatedly intrude into the region.

Notably, Odisha and Andhra Pradesh have been locked in a bitter battle over territorial control of 21 of the 28 revenue villages in Kotia Gram Panchayat.

Though the Supreme Court has passed an order directing that the status quo be maintained between the parties, the Andhra Pradesh govt has been accused of entering the border areas frequently and wooing the local people.



INSPIRING TALES

Domestic cricket in India & international cricket for other countries



Jeet Raval

Gujarat-based batsman Jeet Raval represented Gujarat in U-15 and U-17 level. However, he moved to New Zealand and then excelled in New Zealand cricket. He has represented the Blackcaps in 24 Tests and aggregated 1143 runs.

Munis Ansari

The Madhya Pradesh based pacer had a sling-action just like Sri

Lanka's veteran pace bowler Lasith Malinga. He moved to Oman and became a member of their cricket team. Ansari played 11 T20Is for the Middle East nation, picking up eight wickets.

Shakti Gauchan

The all-rounder was a part of Mumbai's teams in domestic cricket. However, the spin bowling all-rounder did not achieve much success there and he returned to his home country Nepal. He played a lone ODI and nine T20Is for Nepal. He has managed to score 22 international runs and pick up eight wickets.

The rise behind India's cricket is due to its domestic structure. Tournaments like Ranji Trophy, Vijay Hazare Trophy, Syed Mushtaq Ali T20 Trophy have given many new stars to the Indian cricket team. However, not every Indian domestic star has represented India. Some have even played international cricket for other countries.

Let's have a look at five players who played in Indian domestic cricket tournaments, but became a part of other country's team.

Krishna Chandran

Fast bowling all-rounder Krishna Chandran hails from Kerala. He played a few List A matches for his home state before moving to

United Arab Emirates. Chandran became the first Keralite to don the UAE jersey in international cricket. He played 12 ODIs for UAE so far, where he has amassed 134 runs and picked up seven wickets. He played his last ODI against Scotland in 2016.

Swapnil Patil

Thane's Swapnil Patil played for UAE. The right-handed wicket-keeper batsman made his U-19 and U-22 debut for Mumbai. However, he then shifted to United Arab Emirates and started playing cricket there. Swapnil made his ODI debut against Scotland in 2014. He played in 13 ODIs and 18 T20Is, scoring over 400 international runs.

Jurel in Crown

With the team management not too impressed with the performance of wicketkeeper-batsman KS Bharat, talented cricketer Dhruv Jurel made his Test debut in the third Test against England in Rajkot.

Jurel impressed fans with a useful knock of 46 with the help of two fours and three sixes.

Following Jurel's inclusion in the Indian team, it's like a dream come true for his father Nem Singh who is a retired Havaldar in the Indian Army.

There was a time when Nem, who is a Kargil war veteran, wanted his son to carry forward the legacy. He wanted his son to crack the National Defence Academy (NDA) exam and serve the country as a soldier.

However, Dhruv had other things in mind. He was too enamoured by cricket to follow in his father's footsteps. No one in the family has played cricket, and getting a stable job has been the big goal.

"No one from my family has played cricket. Everyone who saw him bat said, 'ladka achha



hai, aap ise cricket mein daalo'. But I'm a father and was worried about his future too. Cricket nahi hua toh kya hoga (what if he didn't make it big in cricket)? Dhruv was not that good in studies either," recollected Nem.

Dhruv's father recollected how he wanted a bat costing Rs 800 and his mother had to pawn her only gold chain to buy his first kit.

"I had to borrow 800 rupees then because we didn't have money. He later wanted a kit bag but it was very expensive, some 6000 rupees. I said 'mat khelo, itna paisa nahi hai (leave the game, I don't have so much money).' But

he locked himself in the bathroom and his mother decided to pawn her only gold chain, which was how we managed to buy his first kit bag. Now, I laugh sometimes when I recall those moments but one thing was clear. He was ready to work hard," Nem added.

With Dhruv's inclusion in Team India, Nem is a proud father now. Wherever he goes, he enjoys as the spotlight as Dhruv's father.

"I remind Dhruv not to forget his sanskar (values) so that everyone looks up to him. Give respect to all those who have helped him till date," said Nem, the proud father.

Sarfaraz's alternate plans

It was like a dream come true for emerging batsman Sarfaraz Khan when he made his debut for Team India in the third Test against England in Nagpur on Thursday. Sarfaraz's father Naushad Khan, who was present at the venue to witness the Mumbai-born batter's debut, was in tears after his son received the Test cap from legendary India spinner Anil Kumble.

With his consistent performances in domestic cricket, Sarfaraz was knocking at the door of the Indian team for a long time. In his 45 first-class appearances, the 26-year-old has amassed a total of 3,912 runs at an impressive average of 69.85.

Sarfaraz has faced enough hardships and struggle during his journey to the Indian team. His father Naushad has always been a great pillar of strength for him. Sarfaraz who made his first-class debut back in 2014, struggled a lot to attract the attention of BCCI selectors. During a recent media interaction, Naushad said that his son was quite frustrated once as he was ready to sell track pants on local trains if his dream of playing for India wouldn't come true.



Sarfaraz Khan hugs his father Naushad Khan after receiving his debut Test cap

"We came from the slums and used to stand in queues for the toilet where my sons would be slapped and overtaken. We came from nothing and will go back to nothing. Sarfaraz told me one day, 'Abbu so what if this (playing for India) doesn't happen? We can always go back to selling track pants,'" recollected Naushad.

Sarfaraz started his international career on a remarkable note with a blistering half-century of 62 runs from just 66 balls. Sarfaraz's sparkling knock came to an end after he was unfortunately run out in a horrible mix-up with star all-rounder Ravindra Jadeja.

"It was my dream to play for India in front of my father. He wasn't coming to the ground initially. But some people requested him and he came to witness this special moment. I feel some burden is off my shoulders now that I haven't let my father's efforts go to waste," said Sarfaraz after the match.

Rags to riches stories in Indian cricket

Recently talented wicketkeeper-batsman Dhruv Jurel and emerging batter Sarfaraz Khan made their debuts for the Indian cricket team. Both of the players overcame acute poverty and hardships to fulfill their dreams.



Yashasvi Jaiswal's inspirational journey from selling Pani Puri to Team India cricketer

Well, there are many other cricketers in the Indian team who have also overcome poverty to make it to the national team with their sheer determination and dedication to cricket. Let's have a look at some of those cricketers...

Yashasvi Jaiswal

India's rising star Yashasvi Jaiswal overcame extreme poverty to make a name for himself in the world of cricket. As per reports, he even worked as a pani puri seller to realize his dreams.

Rinku Singh

India's new power-hitter Rinku Singh was born in extremely poor family. His father used to deliver LPG cylinders from house to house to earn livelihood. At one point, Rinku Singh was on the verge of becoming a sweeper.

Continued Page 12

PSYCHOLOGICAL SCIENCE

CHARACTER – ENUNCIATES NATURE & EXISTENCE

When individualism based on its own distinctive features through mutual nurturing co-operation of give and take that tends life to grow and protects culture through active fulfilment of the Ideal and brings about a normal uplift of the individual and collective life and determines individual and collective progress in a normal spontaneous well-regulated manner with proper economic and inner growth – there lies the mechanism or characteristic of Aryan communism. (Sri Sri Thakur, The Message Vol.4, P-48)

Where education does not collaborate with character and conduct, it is merely an induction of knowledge without an all-round association with facts that make the personality of our inner being grow, effulging into peaceful fellow-feeling with sympathetic service to one's existential uphill momentum. (Sri Sri Thakur, The Message Vol.8, P-8)

Untottering humble adherence and allegiance to the Love-Lord, the Principle, and to be conditioned with energetic, active mission of His life – staying in Him with active thoughts, service and discipline – are the characteristics of a disciple. (Sri Sri Thakur, The Message Vol.2, P-129)

Thy devout, serviceable, active habit, conduct and character with characteristics carrying thy modest clanship – which appeal to everyone with revering urge is the wealth of thy existence; and culture that makes thee more and more expanded is the given wealth of blossomed bliss. (Sri Sri Thakur, The Message Vol.2, P-129)

He who ignores the inner, active conception of his enlivening traditional traits is a man of

oscillating heart, little faith and unstable observation, because, adjusted traits are the spine of existential growth. (Sri Sri Thakur, The Message Vol.2, P-129).

He who can pick up many individuals with his normal rational adjusted appeasing exaltment through the focus of his personal habit, behaviour, intelligent exposition and handling of circumstances – by which admiring valour acts as a thrill of enthusiasm which moulds the character and conduct of wondering inquisitive temperament and binds everyone with every revering thread – is the normal brain of efficiency.

Great people are generally gracious and conversant with their fellow-girdle without breaking their link and compactness at any cost, and as a result all those brains adopt their mission.

Agile, intelligent, good activity is the witness of good character. Conduct signifies induction while character enunciates nature. Characteristics are the exposition of inner personality. Some mottos on Character from Saswati Granths are follows:

- As thinking and behaviour are, so is the character.
- The sign of virtuous deeds is a good character, the good character expresses good conduct; as these are, so is the inherent adherence.
- Character is formed through conduct in utterances, behaviour and action, 0 with perfection.
- When you are sicked that does not remain attached to you only, rather it infects the family and the environment; so, do good, if you are able, standing on goodness

Prabhu Prasad Gadnayak

yourself; do not allow others to be infected like yourself, being evil personally.

- As one's habit and behaviour are in his own family environment, so is his nature, usually.
- Decisive resounding utterances are auto-resolved, effortful and accomplishment-generating for them whose ideal-centric effort is indomitable in character, and this is their unfailing credential; and if your ever see such a person try to find out what he is.
- Know that men who are guided by the motive of peace and friendship, are cavishly pure at heart; and those whose inclinations are opposite, however enjoyable their words and manners may be, suspect and try to comprehend, abstain from such behaviour, you will be able to avoid much trouble.
- Whether he himself gets or not, - one who is happy and untiring in his motivation to give, - whose over-flowing tendency is to give, who enjoys gratifying self-satisfaction by giving, - for whom steady unflowing responsibility is joyful and active, - whatever one may be in other respects, - for you, that man is a worthy person.
- One whose affection is spontaneous – whose behaviour and speech are such – that he is always well-appreciated, he becomes gratified and glowing in beauty.
- One whose relationship with the Ideal is sweet – whose speech and behaviour are pleasing – even whose restraining of evil is satisfying, - he is an immaculate person, his distinctiveness blossoms – in sweetness.
- Take care to make men your own through speech, behaviour and sanction – in bestowal, acceptance and service, rectifying shortcomings and estrangement with gracious courtesy; - personality becomes graceful in the manner.
- The more a man is adhered to his characteristics – to that extent he can accumulate from every situation whatever is fulfilling for him; and, those who are unsteady in character usually dry up gradually rehearsing such accumulation, through submission to the situation, they can never reverse this.
- Where improvement is excellent pertaining to character and conduct, modesty is spontaneously natural there.
- It is good to be fulfillingly wise, but it is better to have

personality and modesty together with that.

- He who has impersonal modesty and powerless personality – is the world's object of pity, - disgrace is his only gift.

“Man masters nature not by force, but by understanding.”

– Jacob Bronowski

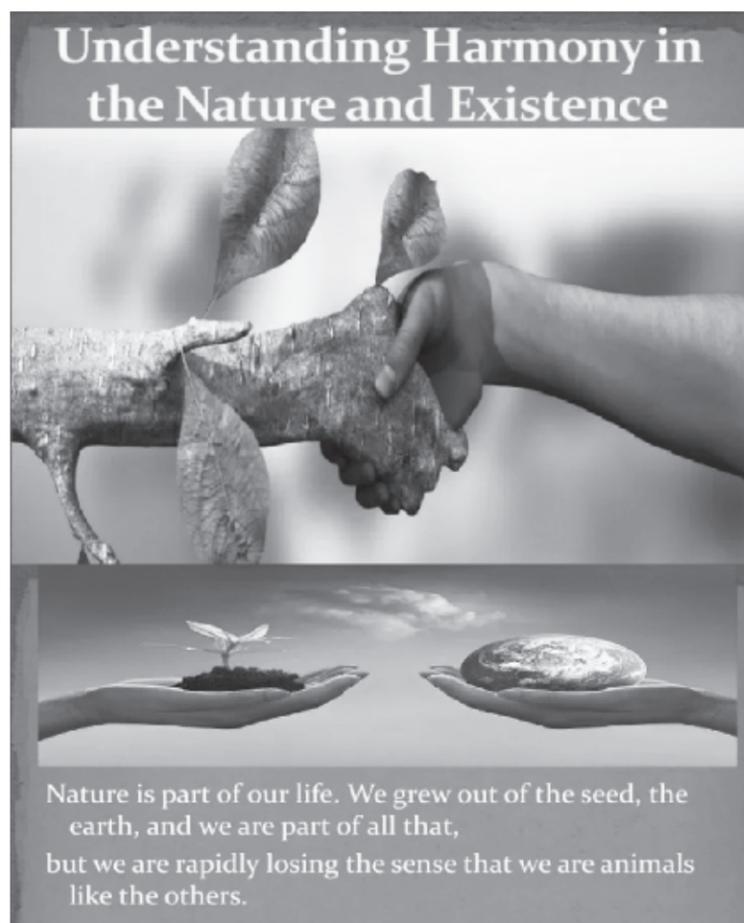
- As one's characteristic is – so is his behaviour, saying, seeing and listening, - and similar is his emotional attachment.
- Until conviction does not blossom actively in the character, - with beauty – it is not possible to comprehend whether the being has inclined or not.
- Learn to speak, through exhaustive observation of what can be said where and how so that the listener is awakened, becomes frank and opens up his heart, and is gratified by having support through sympathetic honest assurance; So, be honest and a good speaker, let your word be useful with confident onward-vibrating vigour.
- Steady in their devotion to the Ideal, sympathetic, serviceable, dexterous, and time-obeying – such men are often found to attain eminence.
- Persons, renowned for giving service, are often immaculately dexterous.
- It is truly good to be sweet speaking but with good behaviour.
- If the token of what you say does not exist in your character, there will be less change in him to whom you are saying and this is less advantageous for you; a proper alliance between speech and behaviour becomes more effective.
- The sign of an honourable, frank, responsible person lies in – courteous felicitation of entrusted responsibility with proper accounting; the honour of the honourable lies there.
- Be outspoken but speak sweetly, be competent and dexterous, do not be a spoiler of tasks.
- Be flexible – but only after being an establisher of the stay of the being never as it's severer.
- Do not be dotish in whatever is hostile to the being, - rather remain firmly in its favour.
- If you are really getting spoiled, never remain under the clutch of that which makes you so, - observe,

listen, and think – how you can achieve improvement, and, keep doing that actively, never stop, you will achieve acquittal – you will be saved.

- Be radiant, not in anger- but in satisfaction, in successful wisely efficient action.
- Lessen your requirements –

with due smoothness in such a way – that your health does not break or you become slovenly, yet maintaining elegant existential habits – you would never be dirty, would maintain non-wasteful traits – fresh and easy.

- We can always prattle with bragging ignorance but he who has the self-satisfaction of knowledge and modesty is an extraordinary person.
- He who knows not how to use a man and whose propensity to stand aside gets respite whenever he gets hold of a man, is not a responsible person, rather the opposite.
- Those whose urge to perform is less, Feel the riddles of problems more, and their excuses for neglecting command are ceaseless and witty to that extent.
- Where selfish interest lies hidden and obedience is deceitful, the urge to obey is also neglectful there, and all pervading is the difference of opinion along with strained relationships.
- Know that more a man is deaf to the accounts and information of a situation, so is he short in sympathy and urge to cooperate.
- Doubt them, at least in the beginning, as spoilers of work and fawners of expenditure, who accept responsibility and then shrink from action at the very first confrontation.
- Dishonest ingratitude resides and smokes in the lonely retreat of hearts, that feel insulted if asked to submit accounts – and think that they are being disbelieved – poke a little – you will be able to understand.
- Actively busy gait is there – though no profit from such activity can be found, yet with the excuse of honesty there is merely the luxury of spending at every step, very often you will find that they are gentleman – assailants of your earning and prosperity; act with due consideration.



SPECIAL REPORTS

Villagers and tiger walk on same path!

Tigers are highly territorial and move around through dense jungles. In a recent bone-chilling incident, a Royal Bengal Tiger and some villagers were found treading the same path inside the Similipal Tiger Reserve in Mayurbhanj district.

The Principal Chief Conservator of Forest (PCCF) Susanta Nanda posted the pictures of the incident on his social media account X (earlier known as Twitter) recently. The pictures were taken by a trap camera installed inside the tiger reserve.

“Tiger & the villagers using the same path inside STR, with few minutes in between. This peaceful coexistence is the future of our Tiger Reserves,” tweeted Nanda along with pictures of a Royal Bengal Tiger and some villagers.

As per sources, a Royal Bengal Tiger was found moving in the core area of the reserve. A few minutes later, some villagers in

the area including a little girl were seen walking along the same path used by the tiger. The incident has baffled forest

officials and animal lovers across Odisha. “Peaceful existence can turn pretty ugly quite quickly. Human pressure inside their territory poses risks to both wildlife and



officials and animal lovers across Odisha.

The tweet by Nanda has reportedly gone viral within no time. Several netizens have flooded the comment box with interesting comments.

In response to the post, a netizen wrote, “Unbelievable....”

“Peace is when we both don't enter each other's territory,” tweeted another fan.

A third user commented,

humans. We should clearly define some boundaries even if it requires creating permanent buffers.”

Odisha's Similipal has been counted among the top 12 reserves of the country in terms of management effectiveness evaluation (MEE) securing 11th position with a 90.15% score in 2023. It was a huge jump as in 2018, its MEE score was 72.66%. In the 2022 assessment, it was adjudged excellent.

Tender for Sri Jagannath International Airport in Puri

Odisha Industrial Infrastructure Development Corporation (IDCO) has recently invited a tender for the construction of Puri Sri Jagannath International Airport on Public-Private Partnership (PPP) mode with an

Towers, Janpath, Bhubaneswar invites International competitive bids in Public Private Partnership (PPP) mode in double cover system through online mode only,” read the letter issued by IDCO.

“As the area is near to the sea, permission should be taken from Odisha Coastal Zone Management Authority before the construction of the airport. Most importantly, an environmental impact



assessment has to be made to know the impact of the new airport on the sea, atmosphere, animals, birds, and residents of the area. Based on the report, the Centre will provide an environment clearance certificate before the construction work. The State Pollution Control Board will also have to give consent to establish it,” he added.

estimated cost of Rs 2,203 crore. A target has been set to complete the construction work within 1,095 days. As per reports, the online tender process will start from February 21 and technical bids will be opened on April 21, 2024.

“On behalf of Commerce & Transport Department, Govt. of Odisha, the Chief General Manager (P&C), IDCO, IDCO

“Earlier the Centre has approved the diversion of 27 acres of forest land for the development of the Shree Jagannath International Airport project. The environment in Puri will be certainly affected due to the construction of the airport. Hence, the airport should be constructed accordingly keeping it in mind,” said environmentalist Jagannath Bastia.

Meanwhile, Puri residents have expressed their pleasure over the development.

“It's great news for the residents of Puri as Shree Jagannath International Airport will be constructed in the city. There will be an increase in the number of tourists to Puri due to the airport. Puri will develop as an eco-tourism spot,” said a resident of Puri.

Communication problems to end

Residents of Krushnaprasad area near Chilika are finally breathing a sigh of relief as they will no longer be forced to undertake dangerous journeys through the huge lake for their daily communication. National Highways Authority of India (NHAI) has recently announced to build two big bridges over Chilika Lake without hampering the marine habitat. The two bridges will be like signature bridges under Bharatmala project.

As per reports, a Detailed Project Report (DPR) has been prepared for the bridges that will connect Satapada and Janhikuda. The construction work will start after three months. Following the completion of the bridge, the local people will not have to rely on floating bridge vessels and motor-run boats anymore. These vessels often dangerously get stuck amid the vast lake posing a threat to the lives of the passengers.

As many as two signature bridges will be reportedly built to connect Satapada and Berhampur island and Mahinsha to Janhikuda. The length of both bridges will be three kms without having any pillars. The bridges will also connect National Highway No.316 and 516-A. Communication between Puri and Ganjam will be improved due to the bridges.

Earlier, an initial DPR was prepared and presented before Union Road Transport & Highways Minister Nitin Gadkari in 2021. An



initial budget of Rs 659 crore was estimated in the DPR. However, a new DPR has been prepared on February 15. Meanwhile, Gadkari has announced that the construction of the special bridges will start after three months.

“Both the bridges will be of 1.5 km length each. The circle and connectivity will be completed by connecting NH No. 516 A on Janhikuda side to NH No.316 on Satapada side. People will not face any problems in communication anymore,” said BJP national spokesperson Sambit Patra.

There are as many as 21 gram panchayats under Krushnaprasad block in Brahmagiri constituency. Moreover, 14 gram panchayats are near Chilika lake. Residents of as many as 92 villages near the lake have to go through lots of hardships and struggle in their daily communication to earn their livelihood. To reach the mainland, the villagers have to cross five kms through Chilka lake which has always been a risky affair. During storms, cyclones and mechanical problems, the boats often get stuck inside the lake and the commuters face threats to their lives.

The local residents near Chilika have expressed their pleasure over the development.

“Thousands of people in the area are going through lots of hardships in their daily communication and there is always a threat to their lives while crossing Chilka in boats. Once the construction of the bridges completed, the people of the area will be greatly benefitted. We are hopeful that the construction work of the bridges will finish soon,” said Sarat Chandra Palei, a resident of Krushnaprasad.

“The signature bridges will be of immenesley beneficial to the people in the area. Tourism industries will flourish and the economic condition of the locals will improve after the construction of the bridges,” said Sarat Raiguru, Secretary of Janhikuda-Satapada Bridge Construction Committee.

TRIBE

Commission for tribal language promotion in Odisha

Pradeep Kumar Panda, Economist, Bhubaneswar

Setting up of a 'Commission for Preservation and Promotion of Tribal Languages of Scheduled Tribes of Odisha' is among the five proposals approved by the state Cabinet, chaired by Hon'ble Chief Minister Naveen Patnaik.

Addressing newsmen after the 71st Cabinet meeting, Chief Secretary Pradeep Kumar Jena said the commission will work to preserve, promote, develop, disseminate and safeguard the 21 tribal languages in Odisha. "The commission will encourage multilingual education, documenting and preserving tribal languages, promoting the use of those languages and protecting linguistic rights among several enriching activities for the development of the tribal languages," Jena said.

All 21 tribal languages recognised by the state are included under the Multilingual Education (MLE) programme, the chief secretary said. "Despite multiple requests by the state government, the Centre is yet to include tribal languages like Ho, Mundari, Kui and Saora in the 8th Schedule of the Indian Constitution.

The 'Commission for Preservation and Promotion of Tribal Languages of Scheduled Tribes of Odisha' will work towards its inclusion in the

Constitution," Jena said, adding that the Cabinet passed a resolution reiterating the demand for inclusion of Ho, Mundari, Kui and Saora languages in the



8th Schedule. The Cabinet also passed a resolution reiterating the demand for inclusion of 169 communities in the scheduled tribe (ST) list of Odisha.

The Cabinet has also withdrawn the decision of November 14, 2023 to amend the Odisha Scheduled Areas Transfer of Immovable Property (by Scheduled Tribes) Regulation, 1956.

The Cabinet announced the launch of LABHA ('Laghu Bana Jatya Drabya Kraya') Yojana a 100% State-funded minimum

support price (MSP) scheme for minor forest produce (MFP). The decision termed historic, is likely to impact the State's large tribal population, which numbers close

to one crore or 23% of Odisha's total population. The new scheme may help the ruling BJD make further inroads into tribal pockets and forest fringe areas.

From now on, the MSP of MFP will be determined every year by the State government. Under the scheme, a primary collector (a tribal person) will be able to sell the MFP, collected at the procurement centres by the Tribal Development Cooperative Corporation Limited of Odisha (TDCCOL), at the MSP.

Though the Tribal Cooperative

Marketing Federation of India fixes the MSP for MFP, the benefits had not been reaching the beneficiaries in Odisha for several years.

"Since 99% of primary collectors are tribals and the majority of them are women, the LABHA Yojana will integrate the efforts with Mission Shakti's Women SHGs (self help groups). These procurement centres will be managed by SHGs and any other notified agencies assisted by TDCCOL," Roopa Roshan Sahoo, Secretary, Scheduled Castes and Scheduled Tribes Development Department, said.

Ms. Sahoo said the State government had initially earmarked ₹100 crore and the SHG or any other agency would receive 2% commission. Upon collection, the amount would be transferred as Direct Benefit Transfer (DBT) to the beneficiary's account. Though the State government hopes to bring 30,000 tribal beneficiaries under the scheme, it's expected that the number will soon cross one lakh.

The procurement automation system will capture the total

collection of MFPs, the details of the primary collectors, and the procurement point. In accordance with the State's 'Vision 5T' framework (teamwork, technology, transparency and time, leading to transformation), the procurement automation system will be using technology to ensure transparency, and will bring about greater benefits for tribal people. Moreover, for further sales, the TDCCOL will take up e-tendering, and explore value addition and processing units.

"The State government, to further benefit the tribals, is setting up a tamarind processing plant in Rayagada at an estimated investment of ₹25 crore. The plant will use tamarind procured through the LABHA Yojana for value-addition," the government said. The LABHA Yojana will also eliminate the possibility of distress sale of produce to middlemen, it said.

Odisha is home to 62 distinct tribes, including 13 Particularly Vulnerable Tribal Groups (PVTG), showcasing one of the most diverse tribal landscapes in the country. It ranks as the third largest concentration of a tribal population, trailing behind Madhya Pradesh and Maharashtra. The Scheduled Tribes in Scheduled Areas constitute approximately 68.09% of the total tribal population in the State. Notably, 121 out of the 314 blocks in Odisha have been designated as Scheduled Areas. Furthermore, about 44.70% of the State's geographical expanse falls under the Scheduled Areas classification.



HEALTH

Can deep sleep with an eye mask improve memory and concentration?

With doctors emphasising the need for a good quality sleep, people keep on looking for sleep-inducing aids, from mood lighting to a warm shower.

In fact, research from Cardiff University last year said that wearing eye masks is the best way to cut out distracting light, slip into deep slumber and improve our learning and alertness. And since even a few watts of power, be it from a device like cellphone, laptop or TV, can trick you into believing it is daytime, can eye masks solve our problem?

Says Dr Suranjit Chatterjee, Senior Consultant, Internal Medicine and Sleep Medicine, Indraprastha Apollo Hospital, New Delhi, 'Using an eye mask while sleeping can help you block all kinds of ambient light while its comforting softness may help you fall asleep faster. A good, restorative sleep at night allows the brain to better consolidate memories and new information that was acquired during the previous waking hours, helping in both learning and alertness.'

Studies have shown that rapid eye movement (REM) and slow-wave sleep are important for improving brain function. 'REM sleep occurs 70 to 90 minutes after a person first falls asleep and is essential for emotional well-being. On the other hand, deep, slow-wave sleep, which occurs during non-REM periods, puts the body in a state of repair and relaxation, which controls blood pressure, an essential element of cardiovascular health. By eliminating light distractions, eye masks help extend the time spent in these critical sleep



stages. This leads to improved memory, better focus and increased concentration ability the following day,' adds Dr Chatterjee.

Light exposure, even at dim levels, can shift the body's internal clock and disrupt healthy sleep-wake cycles. Light interferes with the release of melatonin, a hormone that induces sleepiness and regulates the sleep cycle. 'Eye masks prevent artificial or environmental light from reaching the eyes and altering melatonin levels. This allows melatonin to rise naturally in the evening and trigger better quality sleep at the appropriate time. That's why people sleeping with eye masks feel more well-rested and alert when they wake up,' says Dr Chatterjee.

WHAT STUDIES SAY

Researchers from Cardiff University in the UK conducted a small study last year where a group alternated between sleeping while wearing an eye mask and being exposed to light at night. Participants performed better at pairing associative

words after wearing an eye mask than after being exposed to light at night. Those wearing a mask had better reaction times on this task.

Another study in 2010, published in the National Library of Medicine, showed that patients in an intensive care unit (ICU), usually distracted by motion, light and sound around them, were able to spend more time in REM (rapid eye movement) sleep while wearing a sleep mask.

HOW TO IMPROVE SLEEP WITHOUT A MASK

Dr Chatterjee advises that we get as much natural daylight as we possibly can, moving all our physical activities and errands to the early half of the day. He then advises minimising exposure to electronic devices and reducing our screen time, preferably wiring out at least two hours before we intend to sleep. Then switch off unnecessary lights and make the bedroom environment as dark as possible and the bed as comfortable as possible. If external light streams in, try changing over to a thicker curtain.

Protein Rich Foods for Optimal Health and Vitality

An important macronutrient for immune system performance, muscle conservation, and general health is protein. Our body needs 20 amino acids to function properly; nine of these are essential, meaning our body cannot make them on its own.

As a result, we must get these necessary amino acids from a variety of comprehensive protein sources. Selecting high-quality protein sources should take precedence over high quantity. Plant-based protein options that are highly recommended are as follows:

Lentils

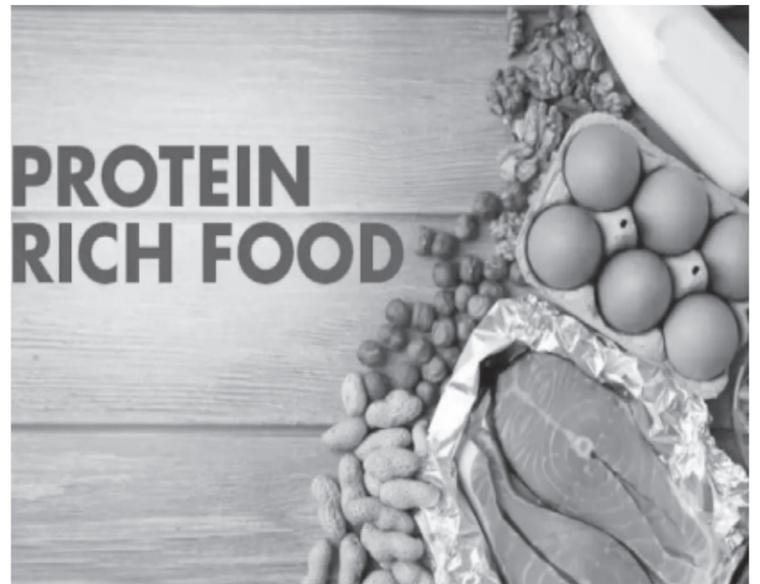
Legumes and lentils are high-protein foods that contain 24-25 grams of protein per 100 grams. Certain types of lentils provide lysine, an amino acid that completes the protein when it combines with rice's sulfur-based proteins.

Quinoa

Admired as a super food, quinoa is a high-protein, high-nutrient grain that is free of gluten. A 100-gram meal provides approximately 14 grams of protein, which makes it a complete protein source since it includes all nine essential amino acids.

Soybeans

Due to their high protein content around 50 grams per 100 grams soybeans are well known for this attribute. They are a complete



protein supply because they provide every necessary amino acid. Tofu, tempeh, and edamame are well-liked soy-based foods that can be used in a variety of recipes.

Pumpkin Seeds

Nutritious powerhouses, pumpkin seeds are loaded with important nutrients including zinc, copper, phosphorus, and magnesium. They include all required amino acids, however separately they don't make up a substantial amount of protein. They offer a complete protein profile when paired with other plant-based sources, contributing roughly 19 grams of protein per 100 grams of food.

Nuts

Nuts like peanuts, pistachios, and almonds are great sources of protein and good fats. Even while they might not supply every necessary amino acid on their own, when paired with grains or legumes, they add to a complete protein profile. For example, a 100 g dish of peanuts has roughly 26 g of protein.

These plant-based sources of complete protein can help you achieve your dietary goals and provide you with a range of tasty and nutritious meal options. These choices can support a well-rounded and fulfilling diet, regardless of your dietary preferences-vegan, vegetarian, or just trying to increase the variety of your protein sources.

Plant protein supplements provide a practical and effective option for individuals who are having trouble meeting their protein needs just by eating complete meals. These supplements, which come from soy or pea protein, offer vital amino acids that are necessary for muscle regeneration. Supplementing the diet might be very helpful for vegans and vegetarians to make sure they are getting enough protein. Recall that getting personalized nutritional advice from a healthcare provider is essential. Supplements and plant-based protein sources can be used to create a versatile and satisfying strategy that supports general health.

Lifestyle: Regular consumption of packaged foods can affect health adversely

Ready-to-eat foods are easy to prepare, less time consuming and relatively cheap. So yes, after a long and tiring day, a ready-to-eat meal will look much more appealing than heading to kitchen and preparing some dishes.

But do readymade foods provide all the nutrients needed by your body?

What are ready-to-eat meals?

Ready-to-eat meals, often referred to as convenience or prepackaged meals, are those food products that have been fully cooked, prepared and packaged for quick and easy consumption. These meals are usually available in frozen dinners, canned soups, and prepackaged salads.

Why should you avoid ready-to-

eat meals?

1. Many ready-to-eat meals contain a high amount of processed ingredients, including artificial flavors and colors. These additions can have adverse health effects if you eat them regularly.
2. According to the National Health Service, around three quarters of the salt that we consume comes from food, including ready-to-eat meals. Excessive sodium intake can contribute to high blood pressure, which is a risk factor for heart disease.
3. Some ready-to-eat meals lack essential nutrients like vitamins and minerals. They may provide empty calories without the nutrients benefits necessary for good health.
4. Many convenience meals come in encouraging overeating and leading to weight gain and associated health issues like obesity.



NEWS & VIEWS

Biju Patnaik Special Centre for Odia Studies will be set up at JNU

Vice Chancellor of Jawaharlal Nehru University Prof Shantishree Dhulipudi Pandit met Chief Minister Shri Naveen

literature and culture. Praising Biju Patnaik's role in the

Pradeep Kumar Panda, Economist, Bhubaneswar

Inaugurating first ever 'World Odia Language Conference' here, Mr. Patnaik said, "Odia is our language and identity. Language is unifying factor for a race." "Odia is a classical language with a rich history. It can be enriched further with addition of new words. Culture

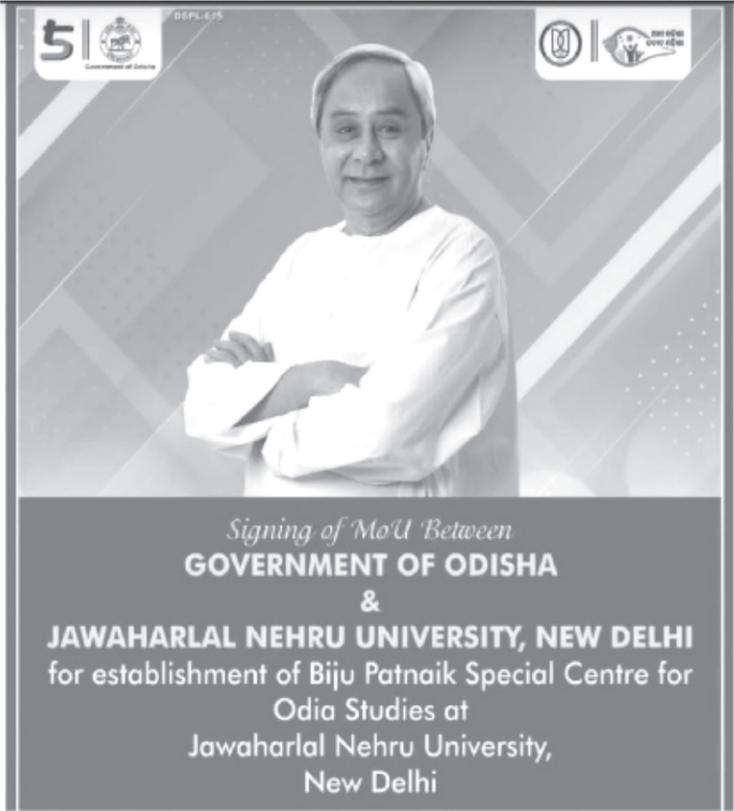
and race would get strengthened," the CM said.

Over 100 scholars including linguists from four countries are participating in the three-day-long conference which is expected give direction for the growth of the language.

Mr. Patnaik conferred linguist

₹20 lakhs. On this occasion, the Chief Minister felicitated two Odia Jnanpith awardees winners Padma Vibhushan Sitakanth Mahapatra and Padma Bhushan Pratibha Roy.

To mark the occasion, people across sang the State sang 'Bande Utkal Janani' in one voice on occasion of first World Odia



Patnaik at Naveen Niwas. A Memorandum of Understanding (MoU) signed between Government of Odisha and JNU for the establishment of Biju Patnaik Special Centre for Odia Studies.

During the discussion Prof Pandit admired CM's transformational initiatives in Odisha that have brought visible changes in every sector of Odisha. She describes Chief Minister Sri Naveen Patnaik as the finest example of Co-operative federalism.

She appreciated the efforts to promote Odia language and culture, and expand its scope beyond Odisha. She said the Special Centre at JNU will create favourable conditions for promotion of Odia language,

Indonesian freedom struggle, she said Biju Babu single-handedly raised the glory of Odisha to the global level. She also appreciated the efforts of the chief minister to promote regional languages and culture, developing a pan Indian identity for them.

The State Government will provide one time assistance of Rs. 10 Crore the establishment of the centre. The Biju Patnaik Special Centre for Odia Studies will start a master's program for Odia Studies, study Biju Patnaik's leadership and governance, study Jagannath culture, pursue manuscriptology of ancient Odia literature.

CM announced that Odisha will come up with a special language policy aimed at promotion of Odia language in future.

and technology have their influences on language," he said calling upon experts to deliberate on these issues.

"There should be discussion on good Odia literature and its usage. We must know the history of our great language, reflect on present condition of the language and lay foundation for the future," Mr. Patnaik said.

Stating that for propagation of Odia language, an Odia University has been established, he called upon people to work together for development of Odia language. "The government will accept recommendations emerging from the conference and come up with a special language policy. I am confident that the future of Odia language

Devi Prasanna Patnaik with the first World Odia Language Award for his lifelong dedication to the development of the Odia. He was given a certificate and

Language Conference-2024. The State government organised story telling session and cultural programmes to celebrate importance of Odia.

From Page 19 (How bad is India's...)

We should be mindful that the solutions we provide today do not end up creating a fresh stream of waste management issues in the coming years. In that light, CSE suggests these as the ways forward to deal with this issue:

Enforce the laws: Capacity building of government officials, especially those authorised to issue challans, needs to be upgraded with regard to what to look for when they visit a certain type of establishment for a structured field inspection. Inspection teams should also be equipped with instruments such as gauge meters. This has only been done in Delhi in selected locations for very specific periods of time, while officials from other local governments were not even aware that such an instrument exists. Reporting should be facilitated on the scale at which inspections were done in various facilities.

Mandatory public disclosure of environmental compensation levied and units shut/fined every quarter on the SPCB/PCC website: Local governments and states should be mandated by the CPCB and MOEFCC to put out quarterly updates on their websites in the format provided to the Chairmen of all the SPCB/PCCs. CPCB required that states submit a report on enforcement every fortnight. There is no update, however, on the information sought by CPCB, raising concerns about the functionality of the Comprehensive Action Plan.

There should be provision to include the information sought in the Annual Report published by the CPCB as per the Plastic Waste Management Rules, 2016. CPCB will have to start sharing the data that it collects from private players through the EPR and the state authorities through the SUP monitoring module.

Stop the micron business: Carry bags irrespective of thickness should be banned. This has been done successfully in countries that are weaker economies than India such as various East African countries, for example, Tanzania and Rwanda. The Indian state of Himachal Pradesh through its Non-biodegradable Garbage Control Act of 1998 has completely banned the production, distribution, storage and use of carry bags. This is not just a policy on paper but has been implemented at scale in the entire state of Himachal Pradesh.

Plastic carry bags seem relatively cheap. However, this price fails to account for the full cost imposed across the plastic life cycle. As per a 2021 World Wildlife Fund report, *Plastics: The Costs to Society, the Environment and the Economy*, "The lifetime cost of the plastic produced in 2019 will be at least US \$3.7 trillion, which is more than the GDP of India." The lifetime cost includes the cost for management of waste, cost incurred due to loss of ecosystems, health costs and mitigation measures to fight plastic pollution and climate change.

Invest in the SUP alternative market by creating avenues like subsidies and reduced tax rates for banned SUP item alternatives to compete with banned conventional plastic items: One of the key reasons why we have not been able to shift away from SUP is the lack of alternatives in the market. The market will shift only when similar cost-effective and convenient options are available. Currently, however, substitutes are not widely available in large volumes. A major reason for this is the government's failure to promote the alternative industry over the past years while continuing to attempt bans at the national and state levels. Moreover, there is no supportive infrastructure or incentives provided that would encourage the production of alternatives in large volumes. Therefore, the plastic-alternatives industry remains a niche business, with the government having no measures to mainstream it.



WASTE

How bad is India's single-use plastic crisis?

The country generates 5.5 million tonnes of single-use plastic waste

On June 5, 2018, to mark the World Environment Day, Prime Minister Narendra Modi announced that India would phase out single-use plastics by 2022. Three years later, on August 12, 2021, a ban on identified single-use plastic items was notified by the Ministry of Environment, Forest and Climate Change (MOEFCC) vide the Plastic Waste Management Amendment Rules, 2021. It came into force on July 1, 2022.

Newspapers claimed that India had banned single-use plastics. The reality, however, was that India had banned 19 selected single-use plastic items while a lot more were in circulation and continue to be. Incidentally, the August notification was also the first time India defined single-use plastic, as a “plastic item intended to be used once for the same purpose before being disposed of or recycled.” This is an oversimplified definition as it does not distinguish between necessary and unnecessary plastics or between recyclable and non-recyclable plastics. Unnecessary and non-recyclable plastics need to be phased out on priority. However, a significant amount of nonrecyclable plastics that are problematic—for instance, multi-layered packaging—have been allowed to still circulate on the basis of the rationale that we do not have alternatives for those plastics.

The identification of single-use plastic items to be phased out was done on the basis of a report by an expert committee on single-use plastics constituted by the Department of Chemicals and Petrochemicals (DCPC) under the direction of the Union Ministry of Chemicals and Fertilizers. The assessment was conducted by DCPC by comparing two pillars—the Utility Index of a specific type of single-use plastic and its Environmental Impact. But some items that are low on Utility Index and high on Environmental Impact as per the scores assigned by the study, have not been considered for phasing out. This leaves big corporations least affected. It is unclear what yardstick was actually considered for the items listed for phasing out.

The annual share of banned single-use plastic items is roughly 0.6 million tonnes per year. The remaining single-use plastic items, comprising mostly

packaging products, are covered under the Extended Producer Responsibility (EPR) policy introduced by the Ministry of Environment, Forest and Climate Change (MOEFCC) in 2022. The EPR policy specifies targets collection and recycling, ignoring the fact that some single-use plastics that are not banned (such as multilayered packaging) are non-recyclable. According to the report Plastic



where it disperses into the ocean, harming marine life directly or indirectly as it degrades into micro- and nano-sized particles over months, years and decades. Emissions from the production, use and disposal of single-use plastics are significant in their contributions in degrading the country's environment.

To deal with this issue and phase out single-use plastics, Central Pollution Control Board (CPCB) issued a Comprehensive Action Plan on February 1, 2022 to all the State Pollution Control Boards (SPCBs) and the Pollution Control Committees (PCCs). The Action Plan comprises four parts:

Part A: Supply-side interventions

- Stopping supply of plastic raw materials
- Stopping manufacture of banned SUP items
- Stopping sale of banned SUP items

Part B: Demand-side interventions

● Stopping usage of banned SUP items: CPCB issued directions to 18 plastic raw-material manufacturers, nine sellers of single-use plastics and 30 e-commerce companies for phasing out single-use plastics. Additionally, letters were issued to all SPCBs and PCCs, Chief Secretaries of all the states, and customs authorities (for regulating/stopping import).

Part C: Creating an enabling environment for phasing out single-use plastics

- Promoting alternatives to single-use plastics (SUPs)
- Creating awareness on phasing out SUPs

Part D: Managing SUP legacy waste

- The last part of the Action Plan focused on developing guidance documents for various processing technologies available in the Indian market.
- For effective monitoring of the ban on identified single-use plastic items and plastic waste management in the country, the following online platforms are in operation:
- CPCB monitoring module for compliance on elimination of single-use plastic
- CPCB grievance redressal app

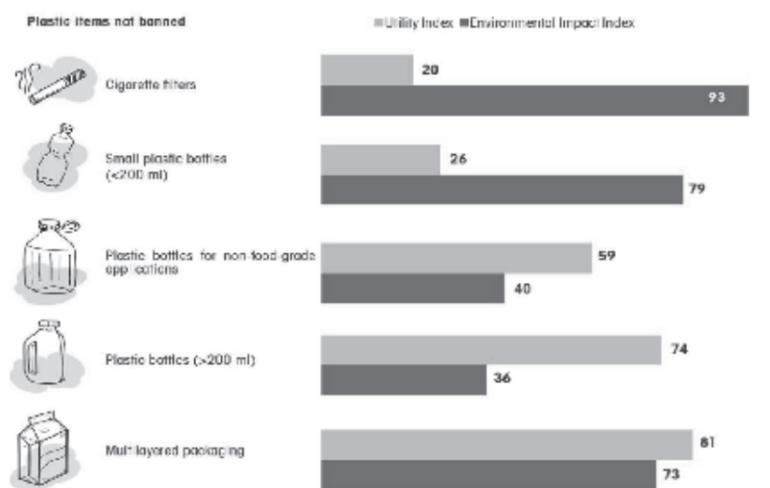
To understand the extent of implementation and enforcement of the ban on single-use plastic

items across the country, research team of the Centre for Science and Environment (CSE) conducted three different surveys, with a blend of digital means and interaction with stakeholders such as citizens, retailers and street vendors. The surveys aimed to understand the following:

- The implementation of the SUP ban across the country;
- Perception of citizens; and Practices followed by small and medium businesses The key findings of the survey were:
- The enforcement of the ban on single-use plastics has been poor and needs to be strengthened. Enforcement by SPCBs and local governments alike to ensure closure of units producing or manufacturing banned SUP items has been lax. Retailers and street vendors continue to be levied with Environmental Compensation by officials of urban local bodies while

data for the amount collected and street vendors/retailers fined is available upon request but not readily in the public domain. While the Environmental Compensation issued by the CPCB gives a clear indication in terms of monetary and legal action, no such update has been issued by CPCB with regard to how many producers, stockists/distributors, importers or commercial establishments have been fined or the nature of action taken against violators. During the enforcement campaign, non-compliance with the ban on identified single-use plastics was found in commercial establishments, including small shops in local markets. Action has been taken on the deviations, which include seizure of banned single-use plastic items and levy of penalty. As per available information, the penalty levied during the enforcement campaigns was

UTILITY INDEX AND ENVIRONMENTAL IMPACT OF PLASTIC ITEMS CONSIDERED FOR THE BAN AND THOSE NOT CONSIDERED



units producing and selling single-use plastic items continue to manufacture them uninterrupted. The provisions mentioned in the Comprehensive Action Plan, especially the deliverables that were to be implemented on the ground—for instance, structured market survey and structured field inspections—have not been adhered to and there is no update from the responsible authority on the assigned task.

● Awareness campaigns were intensive only during the initial months of the ban, and have nosedived post August 2022. This is reflected in the number of complaints that dropped from an average of more than 700 in September 2022 to less than 100 in March 2023, a fall of 85 per cent.

● There is no data on the number of manufacturers and/or producers who were fined either by the SPCB/PCC or by CPCB. There is also no inventory of which of the fined manufacturers is still operational. Consolidated

approximately Rs 5,81,78,001, and 775,577 kg of material was seized. Most of the updates from the authorities revolve around the inspections done in local markets and among street vendors. Enough has not been done—or at least reported—to stop the production of single-use plastic at the source.

● Carry bags (below 120 micron) continue to be the most widely circulated banned single-use plastic item. Almost a third of all banned single-use plastics made available are carry bags. India has failed to choose its position in the fight between becoming single-use-plastic free or promoting plastic to boost its economy. While on one hand India commits to making itself single-use-plastic free, on the other it still wants to see plastic carry bags in its market.

● The market for plastic alternatives is severely underdeveloped and enough is not being done by the Central and state governments to push it.

PARAMETERS FOR THE BAN ON SINGLE-USE PLASTIC IN INDIA

Utility Index—parameters (100)	Environmental Impact—parameters (100)
Hygiene (20)	Collectability (20)
Product safety (20)	Recyclability (20)
Essentiality (20)	Possibility of end-of-life solutions (20)
Social Impact (20)	Environmental Impact of alternative products (20)
Economic Impact (20)	Littering propensity (20)

Continued Page 18



SPEARHEADING GROWTH OF IT EXPORTS & ESDM SECTOR IN THE STATE OF ODISHA

SOFTWARE TECHNOLOGY PARK OF INDIA



STPI @ODISHA

- Highest number of STPI centers in the country (Bhubaneswar, Rourkela, Berhampur, Balasore and Upcoming Angul, Jajpur, Koraput (Jeypore) & Sambalpur).
- Highest number of Centres of Entrepreneurship(CoE) in the country (Electropreneur Park, VARCoE & EmTek).
- Next Generation Incubation Space for IT/ESDM Units.
- Electropreneur Park (ESDM CoE) for Electronic System Design & Manufacturing (ESDM) Startups.
- FAB Lab for designing prototype in the field of IT, ESDM, & Internet of Things (IOT).
- Access to Virtual and Augmented Reality (VAR) Centre of Entrepreneurship for carrying out immersive visualization & applications.
- CoE in Emerging Technologies (EmTek CoE) focusing on Industry 4.0, Cyber security, Data Analytics, AI & ML.
- Class A ISP for High Speed Data Communication for reliable connectivity.
- Data Centre for secure Date Storage, Data recovery & Cloud Services.
- Technical & Strategic Mentoring & Promotional support, Industry Connect.
- STP/EHTP Scheme Regulatory support.
- Incentives under India BPO Promotion Scheme (IBPS) for BPO units.
- Nodal Agency for Vulnerability Assessment and Penetration Testing (VAPT) for conducting IT Security Audit of IT Applications.
- Nodal Agency for Startups (IT & ESDM).
- Next Generation Incubation Scheme (NGIS) for Promoting product developments in Software & ESDM.
- ESDM Lab: Advanced Test & Measurement, Power Electronics, Communication, PCB Assembly, Prototyping Equipments

bhubaneswar.stpi.in [stpibbsr](https://twitter.com/stpibbsr) [stpi.bhubaneswar](https://www.facebook.com/stpi.bhubaneswar)

Software Technology Parks of India,
(Ministry of Electronics and IT, Govt. of India)
STPI ELITE Building, IDCO Plot No.2/A, Industrial Area,
Gothapatna, District-Khurda,
Bhubaneswar-751003

Printed & Published By Narahari Priya Garnaik on Behalf of Indian Youth Association And Printed At M/s Shree Mandir Publications, At : Plot No. - 512, At/Po - Saheed Nagar, Bhubaneswar, District - Khordha, Pin - 751007, State - Odisha And Published At : Plot No. - 945, At/Po - Baramunda, In Front of New Jagannath Temple, Bhubaneswar, District - Khordha, Pin - 751003, State - Odisha, Editor - Narahari Priya Garnaik

Ph. : +91-8637258113 ; Mail : iyanews.india@gmail.com ; Web : www.iyanews.in

The human race has one really effective weapon, and that is laughter.